

Wellness Programs

Integrative Medicine

The Chase Family Movement Disorder Center partners with Hartford HealthCare Integrative Medicine to offer complementary therapies. Research has shown that these therapies may help to decrease anxiety, strengthen the immune system, reduce pain and accelerate healing.

The first 3 services of massage or acupuncture are offered for free to patients of the Chase Family Movement Disorders Center.

Massage

A hands-on soft tissues manipulation massage facilitates a slowing down and quieting of the mind and body. It also helps to relieve stress and pain. Techniques include: Swedish, deep tissues, sports, pregnancy, and reflexology. \$70 per session. May be covered by insurance.

Tuesday, Wednesdays, and Thursdays by appointment.
Please call 860-870-6385 for an appointment.

Acupuncture

Acupuncture is the process of applying tiny needles to specific points on the body. It relieves a wide variety of symptoms and increases the functions and quality of peoples' lives. \$80 per session. May be covered by insurance.

Fridays by appointment. Please call 860-870-6385 for an appointment.