**Connecticut Stroke Support Groups**

**Fairfield County**

**Stroke Support Group**
*Bridgeport Hospital (Yale New Haven Health)*
*Ahlbin Centers of Rehabilitation Medicine*
*Scinto Corporate Tower 184*
*4 Corporate Drive*
*Shelton, CT 06484*
Renee B. Dagostine: 203-925-4201 ext. 2  
Group meets on the first Tuesday of every month from 6 to 7 pm in suite 184, with a holiday party in December. There are occasional guest speakers, summer picnics, and demonstrations. The group is open to patients, families, and caregivers.

**Stroke Education and Support Group**
*Greenwich Hospital (Yale New Haven Health)*
*5 Perryridge Road*
*Greenwich, CT 06830*
Namrita Gill, Gino Pirri, or Bridget Soscante: Primary 203-863-4444; Secondary 203-863-3794  
Due to COVID19, virtual meetings are held every second Wednesday from 5 to 6 pm. A healthcare professional facilitates meetings. The meetings are open to patients, families and caregivers, and offer peer support and occasional guest speakers. Register through the call center, 888-305-9253.

**Stroke Peer Support Group**
*Ann’s Place*
*80 Saw Mill Road*
*Danbury, CT 06810*
845-531-9968 or tgdougla@gmail.com  
Group meets the first Friday of each month from 10 am to noon. These are Zoom meetings until further notice.

**Caregivers Support Group**
*Goldstone Caregiver Center at Danbury Hospital*
*24 Hospital Ave.*
*Danbury, CT 06810*
Miranda Dold: 203-739-4921  
Please call Miranda Dold directly for meeting details.

Updated: August 2022
**Stroke Support Group – Stamford Hospital**  
*The Tully Center*  
*Conference Room C*  
*32 Strawberry Hill Ct*  
*Stamford, CT 06902*  
Grace Capone: 203-276-2212  
This group meets the last Tuesday of the month from 3:30 to 5pm.

**Stroke Survivors and Caregivers Support Group**  
*St. Vincent’s Medical Center*  
*Hawley Conference Room*  
*2800 Main St.*  
*Bridgeport, CT 06606*  
Kelly Last, PT at kelly.last@hhchealth.org or Christine Vidmosko, MS, OTR/L at christine.vidmosko@hhchealth.org: 475-210-5362  
Group meets at the hospital every first Wednesday of the month from 2 to 3:30 pm in May and June, and the second Wednesday of the month from 2 to 3:30 pm from July through December. Light refreshments are served.

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**Hartford County**

**Central CT Stroke Club**  
*Bristol Senior Center*  
*240 Stafford Ave.*  
*Bristol, CT 06010*  
Merna Whitcomb  
Senior Center: 860-584-7895  
Group meets every Friday from 1 to 3 pm in Room 109. This group offers informal motivational support.

**Central Region Stroke Support**  
*The Hospital for Special Care*  
*2150 Corbin Ave.*  
*New Britain, CT 06053*  
Christina Collin: christina.collin@hhchealth.org or 203-228-0927  
Group is currently running in a hybrid mode between virtual and in-person. The in-person group (with a maximum capacity of 10 persons) meets at the hospital while the rest of the participants join via Zoom. They meet on the second Wednesday of each month from 3 to 4:30 pm. It provides education, support, and monthly guest speakers for stroke survivors, caregivers, and their families.
**Stroke Support Group**  
*Mt. Sinai Rehabilitation Hospital*  
490 Blue Hills Ave.  
Hartford, CT 06112  
Joan Karpuk: 860-714-3122  
Group meets the second Monday of each month from noon to 1 pm in the Klein Conference Room. First-time attendees should call ahead of time. Contact for COVID19 updates.

**Stroke Survivor Group**  
*UConn Outpatient Pavilion Neurology Clinic (3rd floor)*  
263 Farmington Ave.  
Farmington, CT 06030  
Brooke Medel, medel@uchc.edu : 860-558-5840  
Groups meets the fourth Wednesday of the month. Guest speakers from different areas of the hospital visit and meet with our stroke survivors. Open to all survivors and their families.

**Wethersfield Stroke Club**  
Joan Haines: 860-529-2281  
Due to COVID19 restrictions, meetings are sporadic. Please contact Joan for details.

**Young Stroke Survivor Support Group**  
*Hartford HealthCare*  
Jen Blum, APRN: Jennifer.Blum@hhchealth.org  
Monthly virtual support group for stroke survivors in their 20’s, 30’s, and 40’s. Contact Jen for details and schedule.

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**Litchfield County**

**Community Stroke Group**  
*Sharon Hospital*  
50 Hospital Road  
Sharon, CT 06069  
Katja Schultz: 860-364-4065  
Group meets every Friday at noon. Once a month the meetings are virtual while the other weeks are in-person. Please call for more details.

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**Middlesex County**

**Estuary Stroke Support Group – Caregivers Support Group for Dementia/Alzheimer’s**  
*Community VNA Guilford*  
220 Main St.  
Old Saybrook, CT 06475  
Molly Spandley: 860-388-4455  
Group meets on the fourth Thursday of each month from 1 to 2:30 pm. There are guest speakers.

Updated: August 2022
New Haven County

**Stroke Support Group**
Yale New Haven Hospital Rehabilitation and Wellness Center
Bridgeport Hospital Milford Campus
300 Seaside Ave.
2nd floor Auditorium
Milford, CT 06460
mary.marra@ynhh.org or 203-301-6262

Due to COVID19 restrictions, Milford and Saint Raphael Campus’ groups have merged for a virtual group on Zoom. Meetings take place on the third Wednesday of each month from 3:30 to 4:30 pm. Please email mary.marra@ynhh.org to be added to the email list and with any questions about the group. In-person meetings will be reconsidered in accordance with hospital guidelines.

**Stroke Support Group**
Yale New Haven Hospital Saint Raphael Campus
1450 Chapel St.
Cronin Auditorium Conference Room
New Haven, CT 06511
mary.marra@ynhh.org or 203-301-6262

Due to COVID19 restrictions, Milford and Saint Raphael Campus’ groups have merged for a virtual group on Zoom. Meetings take place on the third Wednesday of each month from 3:30 to 4:30 pm. Please email mary.marra@ynhh.org to be added to the email list and with any questions about the group. In-person meetings will be reconsidered in accordance with hospital guidelines.

**Stroke Support Group**
Griffin Hospital
350 Seymour Ave.
Derby, CT 06418
Stephanie Fisher, DPT: SFIshere@Griffinhealth.org or 203-732-7445

Group meets the second Monday of the month from 5:30 to 6:30 pm at the Cancer Center across the street from Griffin Hospital. This group provides education and support for community members who have suffered a stroke, family members, and caregivers. Includes monthly discussion on various topics, and light, healthy snacks.

**Stroke Survivors**
Gaylord Hospital
50 Gaylord Farm Road
Wallingford, CT 06492
Allison Greco: 203-284-2875

Group meets the first Thursday of the month from 3:30 to 4:30 pm in the Jackson Building on the ground level across from the library, Hooker 130 solarium.

Updated: August 2022
New London County

Survivors of Stroke Support Group
Groton Public Library
52 Newton Road
Groton, CT 06340
Lisa Bedard APRN, stroke coordinator:
860-442-0711 ext. 2748
860-441-6750 (Library)
Group meets third Thursday of every month at the Groton Public Library from noon to 3 pm. A speaker is usually invited.

Tolland County

UConn Aphasia Groups
UConn Speech and Hearing Clinic
850 Bolton Road
Storrs, CT 06269
Jennifer Mozeiko: 860-420-9828
http://aphasia-rehab.slhs.uconn.edu/uconn-aphasia-group/
Please check the website as the day and time change each semester. This group requires registration and patients should call ahead. These are online meetings; new patients welcome.