

CONNECTICUT

Stroke Support Groups

Fairfield County

Stroke Support Group

Bridgeport Hospital (Yale New Haven Health)

Ahlbin Centers of Rehabilitation Medicine

Scinto Corporate Tower 184

4 Corporate Drive

Shelton, CT 06484

Renee B. Dagostine: 203-925-4201 ext. 2

Group meets on the first Tuesday of every month from 6 to 7 pm in suite 184, with a holiday party in December. There are occasional guest speakers, summer picnics, and demonstrations. The group is open to patients, families, and caregivers.

Stroke Education and Support Group

Greenwich Hospital (Yale New Haven Health)

5 Perryridge Road

Greenwich, CT 06830

Namrita Gill, Gino Pirri, or Bridget Soscante: Primary 203-863-4444; Secondary 203-863-3794

Due to COVID19, virtual meetings are held every second Wednesday from 5 to 6 pm. A healthcare professional facilitates meetings. The meetings are open to patients, families and caregivers, and offer peer support and occasional guest speakers. Register through the call center, 888-305-9253.

Stroke Peer Support Group

Ann's Place

80 Saw Mill Road

Danbury, CT 06810

845-531-9968 or tgDougla@gmail.com

Group meets the first Friday of each month from 10 am to noon. These are Zoom meetings until further notice.

Caregivers Support Group

Goldstone Caregiver Center at Danbury Hospital

24 Hospital Ave.

Danbury, CT 06810

Miranda Dold: 203-739-4921

Please call Miranda Dold directly for meeting details.

Stroke Support Group – Stamford Hospital

The Tully Center

Conference Room C

32 Strawberry Hill Ct

Stamford, CT 06902

Grace Capone: 203-276-2212

This group meets the last Tuesday of the month from 3:30 to 5pm.

Stroke Survivors and Caregivers Support Group

St. Vincent's Medical Center

Hawley Conference Room

2800 Main St.

Bridgeport, CT 06606

Kelly Last, PT at kelly.last@hhchealth.org or Christine Vidmosko, MS, OTR/L at christine.vidmosko@hhchealth.org: 475-210-5362

Group meets at the hospital every first Wednesday of the month from 2 to 3:30 pm in May and June, and the second Wednesday of the month from 2 to 3:30 pm from July through December. Light refreshments are served.

Hartford County**Central CT Stroke Club**

Bristol Senior Center

240 Stafford Ave.

Bristol, CT 06010

Merna Whitcomb

Senior Center: 860-584-7895

Group meets every Friday from 1 to 3 pm in Room 109. This group offers informal motivational support.

Central Region Stroke Support

The Hospital for Special Care

2150 Corbin Ave.

New Britain, CT 06053

Christina Collin: christina.collin@hhchealth.org or 203-228-0927

Group is currently running in a hybrid mode between virtual and in-person. The in-person group (with a maximum capacity of 10 persons) meets at the hospital while the rest of the participants join via Zoom. They meet on the second Wednesday of each month from 3 to 4:30 pm. It provides education, support, and monthly guest speakers for stroke survivors, caregivers, and their families.

Stroke Support Group

Mt. Sinai Rehabilitation Hospital

490 Blue Hills Ave.

Hartford, CT 06112

Joan Karpuk: 860-714-3122

Group meets the second Monday of each month from noon to 1 pm in the Klein Conference Room. First-time attendees should call ahead of time. Contact for COVID19 updates.

Stroke Survivor Group

UConn Outpatient Pavilion Neurology Clinic (3rd floor)

263 Farmington Ave.

Farmington, CT 06030

Brooke Medel, medel@uchc.edu : 860-558-5840

Groups meets the fourth Wednesday of the month. Guest speakers from different areas of the hospital visit and meet with our stroke survivors. Open to all survivors and their families.

Wethersfield Stroke Club

Joan Haines: 860-529-2281

Due to COVID19 restrictions, meetings are sporadic. Please contact Joan for details.

Young Stroke Survivor Support Group

Hartford HealthCare

Jen Blum, APRN: Jennifer.Blum@hhchealth.org

Monthly virtual support group for stroke survivors in their 20's, 30's, and 40's. Contact Jen for details and schedule.

Litchfield County

Community Stroke Group

Sharon Hospital

50 Hospital Road

Sharon, CT 06069

Katja Schultz: 860-364-4065

Group meets every Friday at noon. Once a month the meetings are virtual while the other weeks are in-person. Please call for more details.

Middlesex County

Estuary Stroke Support Group – Caregivers Support Group for Dementia/Alzheimer's

Community VNA Guilford

220 Main St.

Old Saybrook, CT 06475

Molly Spandley: 860-388-4455

Group meets on the fourth Thursday of each month from 1 to 2:30 pm. There are guest speakers.

New Haven County

Stroke Support Group

*Yale New Haven Hospital Rehabilitation and Wellness Center
Bridgeport Hospital Milford Campus
300 Seaside Ave.
2nd floor Auditorium
Milford, CT 06460*

mary.marra@ynhh.org or 203-301-6262

Due to COVID19 restrictions, Milford and Saint Raphael Campus' groups have merged for a virtual group on Zoom. Meetings take place on the third Wednesday of each month from 3:30 to 4:30 pm. Please email mary.marra@ynhh.org to be added to the email list and with any questions about the group. In-person meetings will be reconsidered in accordance with hospital guidelines.

Stroke Support Group

*Yale New Haven Hospital Saint Raphael Campus
1450 Chapel St.
Cronin Auditorium Conference Room
New Haven, CT 06511*

mary.marra@ynhh.org or 203-301-6262

Due to COVID19 restrictions, Milford and Saint Raphael Campus' groups have merged for a virtual group on Zoom. Meetings take place on the third Wednesday of each month from 3:30 to 4:30 pm. Please email mary.marra@ynhh.org to be added to the email list and with any questions about the group. In-person meetings will be reconsidered in accordance with hospital guidelines.

Stroke Support Group

*Griffin Hospital
350 Seymour Ave.
Derby, CT 06418*

Stephanie Fisher, DPT: SFisher@Griffinhealth.org or 203-732-7445

Group meets the second Monday of the month from 5:30 to 6:30 pm at the Cancer Center across the street from Griffin Hospital. This group provides education and support for community members who have suffered a stroke, family members, and caregivers. Includes monthly discussion on various topics, and light, healthy snacks.

Stroke Survivors

*Gaylord Hospital
50 Gaylord Farm Road
Wallingford, CT 06492*

Allison Greco: 203-284-2875

Group meets the first Thursday of the month from 3:30 to 4:30 pm in the Jackson Building on the ground level across from the library, Hooker 130 solarium.

New London County

Survivors of Stroke Support Group

Groton Public Library

52 Newton Road

Groton, CT 06340

Lisa Bedard APRN, stroke coordinator:

860-442-0711 ext. 2748

860-441-6750 (Library)

Group meets third Thursday of every month at the Groton Public Library from noon to 3 pm. A speaker is usually invited.

Tolland County

UConn Aphasia Groups

UConn Speech and Hearing Clinic

850 Bolton Road

Storrs, CT 06269

Jennifer Mozeiko: 860-420-9828

<http://aphasia-rehab.slhs.uconn.edu/uconn-aphasia-group/>

Please check the website as the day and time change each semester. This group requires registration and patients should call ahead. These are online meetings; new patients welcome.