



Parkinson's Living Room Online Support Group

Every third Friday of the month, every other month, at 1:00 p.m., Movement Disorders Neurologist, Jeffrey Lahrman MD, hosts a virtual support group for people with Parkinson's disease and Care Partners.

We welcome you to join this casual group from your home living room, or favorite place with coffee, tea, or water. Guests from various disciplines, such as physical therapists, home care agencies, and speech professionals, provide valuable information and with an opportunity to ask questions.

*Sign up to receive the details on the topic and how to join!
Please ask our team at the front desk for an "In the Know" form.
You will then receive an email notification with the meeting information.*

Join us on Zoom by computer or phone:

Video Conference:

- 1) To access the video conference, please go onto the Zoom website: zoom.us
(Note: If you are pasting into your browser, Chrome is preferred.)
- 2) Click on the **Join A Meeting** text.
- 3) You should see a box on the screen appear where you would enter the Meeting ID (**943 2916 3292**).
- 4) Click **Join**.

By Phone Only: To participate by phone only dial 1-646-876-9923. When you are asked for a Meeting ID (**943 2916 3292**). Please place your phone on mute to avoid background noise, unmute to participate in conversation or ask a question. You may want to use the speaker option, for hands-free listening.

Please feel free to contact our office with any questions, 860-870-6385.



**Hartford
HealthCare**

David & Rhoda Chase Family
Movement Disorders Center