



# Chase Family Movement Disorders Center

## Integrative Medicine

The David and Rhoda Chase Family Movement Disorders Center partners with Hartford Healthcare Integrative Medicine to offer complementary therapies. Research has shown that these therapies may help to decrease anxiety, strengthen the immune system, reduce pain and accelerate healing.

The *first three services of massage or acupuncture* are offered for free to patients of the Chase Family Movement Disorders Centers.

### **Massage**

A hands-on soft tissues manipulation massage facilitates a slowing down and questing of the mind and body. It also helps to relieve stress and pain. Techniques include: Swedish, deep tissue, sports, pregnancy, and reflexology.

\$70 per session May be covered by insurance.  
Please call for an appointment.

### **Acupuncture**

Acupuncture is the process of applying tiny needles to specific points on the body. It relieves a wide variety of symptoms and increases the functions and quality of peoples' lives.

\$80 per session May be covered by insurance.  
Please call for an appointment.

*Call 860-870-6385 for more information or to  
schedule an appointment.*



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