Happy New Year!!

Every time we reach the end of a year, we look back and wonder how the year went by so quickly! However, when we remember 2022, we will recall the tremendous work that we all did collectively, facing extreme challenges in staffing, supply chain procurement and call volume. We endured quite a bit and we need to be very proud of the work that was accomplished.

Speaking of the great work – we have a lot to be proud of in 2022. Here are some highlights:

- **More than $45,000** in supplies, equipment and an ambulance donated to the areas hardest hit in Ukraine.
- **The tremendously successful rollout of the Twiage**, pre-hospital notification app across our Hartford HealthCare system.

- **More than 80** STEMI, stroke, and code saves celebrated and dozens more recognized!
- **More than 3,600** EMS personnel from across western New England accessed our HHC EMS CME platform gaining 30+ hours of CME credit.
- We benefitted from the in person return of our HHC symposiums – including the 1st Annual CT First Responder Health, Wellness and Safety Symposium (*returning May 20, 2023*) and our 3rd Annual HHC EMS Symposium (*being moved to March 23 - 24, 2023*).
- **We recognize and continue to appreciate the daily efforts, dedication and commitment to our patients, communities and system** – and this can and will never go unnoticed!

On behalf of our EMS team, leadership and colleagues across Hartford HealthCare, we thank you for your hard work, resiliency and care you render every day to our patients. We wish you the best for a safe, happy, healthy and prosperous New Year!
Mark Your Calendars

Spring Paramedic Program and EMS Career Fair
Tuesday, February 28th
Hunter's Ambulance Service (Meriden)

4th Annual Hartford HealthCare EMS Symposium
Thursday, March 23rd - Friday, March 24th
Center for Education, Simulation and Innovation (Hartford)

2nd Annual Connecticut First Responder Health, Wellness and Safety Symposium
Saturday, May 20th
MidState Medical Center (Meriden)

Highlights

<table>
<thead>
<tr>
<th>Paramedic Program &amp; Career Fair</th>
<th>4th Annual HHC EMS Symposium</th>
<th>2nd Annual First Responder Health, Wellness and Safety Symposium</th>
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<tr>
<td>• Resume building</td>
<td>• Hands on simulation all day</td>
<td>• Breakout sessions focused on health and wellness and safety related training sessions.</td>
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<td>• Head shots</td>
<td>• Regional recognition</td>
<td>• Vendor booths for statewide resources</td>
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<td>• Info gathering on</td>
<td>banquet concluding the day</td>
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<td>paramedic programs</td>
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<td>statewide</td>
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<td>• Career opportunities and</td>
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<td>interviews with EMS</td>
<td>• Breakout sessions focused</td>
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<td>programs statewide</td>
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Interested in more information? Email us at HHCEMS@hhchealth.org
These STEMI saves start with a similar patient story:
- Crushing chest pain with difficulty breathing

They end with:
- **Tremendous patient care from the moment 911 is called all the way through the transfer of care at the closest PCI center!**
- **Excellent pre-hospital work hitting key performance benchmarks!**
- **The outcome of each? A brief hospital stay with full recovery!**

**St. Vincent’s Medical Center**

**Trumbull EMS** Paramedic *Chris Calkins* and EMT *Charles Hoffman*

FMC to EKG: 4 minutes (Goal <8)
FMC to notification: 5 minutes (Goal <10)
Scene time: 12 minutes (Goal <15)
ASA and serial EKGs – Yes!

**Valley EMS** Paramedic *Charles Lanza*, Seymour EMS EMTs *Avi Balter*, *Erin Cronin*, and *Dina Garmroudi*

FMC to EKG: 8 minutes (Goal <8)
FMC to notification: 9 minutes (Goal <10)
Scene time: 9 minutes (Goal <15)
ASA and serial EKGs – Yes!

**Windham Hospital**

**Windham Hospital** Paramedic *Jonathan Hall* and Mansfield FD EMT’s *David Kaplesky* and *James Galey*

FMC to EKG: 8 minutes (Goal <8)
Scene time: 9 minutes (Goal <15)
EMS TWIAGE STEMI alert with serial 12-leads and ASA – Yes!
Door to balloon time: 37 minutes!
Windham Hospital Paramedic Kyle Ridenour and Hebron FD EMTs.

FMC to 12 lead EKG: 8 minutes
EMS scene time: 15 minutes
DTBT: 44 minutes (goal <90)
FMC to Device: 85 minutes (goal <90)

Hartford Hospital

Middlesex Health EMS Paramedic Jack Flannagan and Hunter’s Ambulance EMTs Shannon McEnerney and Jennifer Salamone

FMC to 12 lead EKG: 7 minutes
EMS scene time: 14 minutes
DTBT: 44 minutes (goal <90)
FMC to Device: 79 minutes (goal <90)

Aetna Ambulance Paramedic Stuart Buchanan and EMT Raymond McDonald and Wethersfield EMS EMTs

FMC to 12 lead EKG: 3 minutes
EKG to transmit: 2 minutes
EMS scene time: 8 minutes
DTBT: 40 minutes (goal <90)
FMC to Device: 57 minutes
Congratulations to New Britain EMS EMT Ericka Santiago, Paramedic Adam Horne Lieutenant Matt Aiello, Paramedic Carias, Senior Paramedic Ferrigno and Lieutenant Cyr, all joined in two separate cases by New Britain Fire Engine Company #7 – with care initiated by the New Britain Public Safety Telecommunications Center. These crews encountered the same patient who went into cardiac arrest twice within a seven-day period and has since been discharged to a rehab facility alert and oriented with full neurologic function!

This is an incredible team effort highlighting amazing pre-hospital care. These cases further emphasize the importance of pre-arrival instructions, continuous compressions, timely defibrillations, and appropriate airway/ACLS management.

In the first case, the patient underwent sudden cardiac arrest, and after initial defibrillation became alert and oriented – found to be having a STEMI. Upon getting home, the patient experienced a second witnessed cardiac arrest with bystander CPR. The team performed continuous CPR/resuscitation efforts for 40 minutes including 7 defibrillations before regaining sustained ROSC upon arrival at a nearby hospital.

This case is nothing short of amazing and a great reminder that what you do is important work that truly matters. Congratulations to you all.

Charlotte Hungerford Hospital

Trinity Health EMS Paramedics Brian Vigliotti and Derrick Caranci (not pictured) recently responded to a complicated home delivery and successfully resuscitated the newborn in cardiac arrest. For their efforts, they received the Medical Director’s Award for Clinical Excellence from CHH EMS Medical Director Dr. Sean Caffyn.
Windham Hospital Paramedic Jonathan Hall with Betsie Patrie and Sandy Belisle recognizing Jon for his efforts in the care of a sick baby.

On December 16th, HHC representatives met with students from Plainville High school to provide an overview or careers within healthcare. Todd Jones from Hartford HealthCare EMS discussed the “Earn While you Learn Programs”, EMT classes and career growth into Paramedicine. During the time spent with the students the group participated in Stop the Bleed training!

Trinity EMS and Torrington Fire recently responded to a patient suffering cardiac arrest, shortly after reporting chest pain to family. Immediate CPR, early defibrillation, and quick identification of a STEMI upon obtaining ROSC helped achieve an outstanding outcome for this patient. Although Paramedics Limbos and Carney (pictured with Dr. Caffyn) provided two strong links in the chain of survival, they recognized the patient’s spouse for providing continuous compressions prior to their arrival.

Congratulations to the following Paramedics with Backus Hospital medical direction

American Ambulance Paramedic preceptors Mark Nadeau and Peter Haberek

Newly precepted Paramedics
American Ambulance - Tim Brunnett
Mohegan Tribe - Zoe Lavergne
# Regional News

## Upcoming Calendar of Events

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<td>Paramedic Pgm &amp; Career Fair</td>
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**Important reminder:**
Keep an eye out for our EMS engagement surveys at all of our hospitals – we want your input on what we can do to strive for more coordinated personalized care!

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**Have a question or suggestion?**
Email us at HHCEMS@hhchealth.org or First Name.Last Name@hhchealth.org

- **HHC EMS System Director:** Kevin Ferrarotti
- **HHC EMS Medical Director:** Dr. Charles Johndro
- **HHC EMS Coordinator: THOCC/MMC:** Sean Fitch
- **HHC EMS Coordinator: Backus:** Jeffrey Way
- **HHC EMS Coordinator: Windham:** Paul Pedchenko
- **HHC EMS Coordinator: St. Vincent’s:** Terence Sheehan
- **HHC EMS Coordinator: Hartford:** David Bailey
- **HHC EMS Coordinator: St. Vincent’s:** James Powell
- **HHC EMS Coordinator: Hartford:** David Bailey
- **HHC EMS Coordinator: Charlotte Hung:** Trisha Wain
- **HHC EMS Operations Mgr - CHH:** Frederick Rosa
- **CESI EMS Operations Manager:** Tessa Harrington
- **LIFE STAR Operations Manager:** Patricia Margarido
- **LIFE STAR Operations Manager:** Heather Standish