



MENTAL HEALTH REFORM ACT

BHN leaders help craft proposed national legislation. • [PAGE 3](#)



THE DOCTOR WILL SEE YOU NOW

Natchaug adds three new physicians to its medical staff. • [PAGE 7](#)



RUSHFORD REGOLLECTIONS

Rushford celebrates 40 years by examining its past. • [PAGE 10](#)

Hartford HealthCare 
Behavioral Health Network

BHINews

Husky heaven!

HHC employees eligible for discounted UConn sports tickets

Hartford HealthCare is pleased to announce that employees, medical staff and volunteers can now purchase discounted tickets for select UConn athletic events. This new HHC offering, which is available through UConn Athletics, provides discounts of up to 50 percent off single game prices on select football, men and women's basketball, and men's ice hockey home games.

"Great things happen every day across Hartford HealthCare, and it's all because of our staff," said Tracy Church, HHC senior vice president and chief human resources officer. "This discount is one more way to thank employees for their dedication to providing the highest quality patient care, while supporting our state



Huskies cheerleaders lead the charge onto Rentschler Field in East Hartford prior to a UConn football game last year. HHC employees can be part of the action this season with discounted tickets to select football, men's and women's basketball and hockey games.

university's strong athletic program."

Staff can purchase tickets for three UConn home football games at Rentschler Field in East Hartford — Navy on Saturday, Sept. 26; South Florida (Homecoming) on Saturday, Sept. 17; and East Carolina on Friday, Oct. 20.

It's easy to use your HHC discount to buy tickets to these match-ups:

- Visit uconnhuskies.com/promotions
 - Enter **HHC** as a promo code
 - Select your game and section
- Discount opportunities for UConn basketball and hockey will be available in the fall. More information will be provided as soon as it's available.

Weidner, Caras tapped for East Region promotions

In order to better coordinate behavioral health services in the East Region and further the integration of primary care and behavioral health throughout HHC, the BHN is pleased to announce that Deborah Weidner, MD, MBA, has been appointed as Regional Medical Director for Behavioral Health in the East Region.



Weidner

In her new role, Dr. Weidner, who is also Vice President of Patient Safety and Quality for the BHN, will provide psychiatric leadership for Backus Hospital and Windham Hospital in addition to Natchaug Hospital, where she has served as medical director since 2009. She will also assume the new role of Medical Director for Primary Care Behavioral Health Integration, a joint effort of Integrated Care Partners (ICP) and the Behavioral Health Network.



Caras

Dr. Weidner has been actively involved in many HHC leadership roles, including executive sponsor of Natchaug's H3W initiative, member of the HHC Board Quality and Safety Committee, the HHC Lean Steering Committee, ICP Funds Flow Committee, and numerous other key system level initiatives that are advancing our vision of excellence and coordinated care. Prior to joining HHC and Natchaug in 2009, she was in several leadership roles at the Cambridge Health Alliance, served on the faculty at Harvard Medical School and completed her MBA at the Sloan School of Business at MIT. Dr. Weidner is board certified in both general and child and adolescent psychiatry.

As part of this regional approach to leadership, Barclay Caras, MD, a long-

standing member of the medical staff at Backus Hospital and attending psychiatrist in the Department of Psychiatric Services, has been named Associate Medical Director, Department of Psychiatric Services for the Backus Hospital campus. Dr. Caras joined the medical staff and department in 1997 after serving as an Undersea Medical Officer and a psychiatrist in the United States Navy for 12 years. Dr. Caras has broad experience in the department following patients in all levels of care including inpatient care, partial hospital and outpatient services, emergency services, and consultation/liaison services.

In addition to his primary responsibilities — caring for patients, he will participate as a member of the leadership team and be responsible for medical staff issues, quality and safety initiatives, in concert with the local and regional Behavioral Health Network management teams.

September is recovery month

Every September, the Substance Abuse and Mental Health Services Administration sponsors Recovery Month to increase awareness and understanding of mental health and substance use issues and celebrate those in recovery.

This year's theme, "Join the Voices for Recovery: Visible, Vocal, Valuable!" brings people together to share real life experiences of the power of recovery.

For information on Recovery Month events or resources, visit www.recoverymonth.org.



About BHNews

BHNews is published every other Friday, except for the weeks of Independence Day, Thanksgiving, Christmas and New Year's. Articles for submission are due by noon on the Tuesday of the publication week.

Story ideas or submissions may be sent to matt.burgard@hhchealth.org or amanda.nappi@hhchealth.org. Articles must be submitted as a Microsoft Word document. Every effort will be made to run the article in its entirety, but due to space constraints and style requirements, editing may be necessary. Thank you.

Deadline for the next edition of BHNews is Tuesday, Sept. 1, at noon.

A major initiative for mental health services

When U.S. Sen. Christopher Murphy, D-Conn., was looking for expertise in helping him craft a major new bill designed to overhaul the country's mental health system, one of the first organizations he looked to was the Hartford HealthCare Behavioral Health Network and BHN leaders such as Stephen W. Larcen, Ph.D., Hartford HealthCare senior vice president and president of the Behavioral Health Network; Harold I. Schwartz, MD, Hartford HealthCare senior vice president and psychiatrist-in-chief at the Institute of Living; and James O'Dea, Ph.D, MBA, vice president of operations for the BHN.

Widely regarded as some of the foremost mental health advocates and experts in the state, BHN leaders were asked to take part in roundtable discussions with Murphy in the weeks and months leading up to the bill's introduction earlier this month. Larcen and Dr. Schwartz also made several trips to Washington DC to consult with Murphy and his staff.

So on Aug. 7, when Murphy convened a special roundtable to announce the introduction of his new bill, known as the Mental Health Reform Act of 2015, Larcen was among a handful of experts from across the state invited to take part. The comprehensive bipartisan legislation is aimed at improving mental health services across the country, and was co-authored by Sen. Bill Cassidy, R-La. Murphy said the bill is meant to incentivize mental health providers in states across the country to overcome existing barriers in providing patients with appropriate help. He noted that approximately one in five American adults suffers from a mental health disorder, and that mentally ill people die, on average, 25 years earlier



Behavioral Health Network President Stephen W. Larcen speaks at an Aug. 7 roundtable to discuss new mental health legislation introduced by U.S. Sen. Christopher Murphy, D-Conn., seated next to Larcen.

than others.

Murphy said the new bill, if approved, would attack this problem by, among other things, establishing grant programs for early intervention, integrating physical and mental health clinical programs and directing resources for research to help identify causes and improved treatments.

At the roundtable, Larcen expressed appreciation for Murphy's efforts on behalf of those suffering from mental illness, saying the bill would offer new hope to patients across the state and the country. "Thank you for your leadership in pushing this forward," he told the Senator. The bill must be approved by the Senate and the House of Representatives, as well as President Obama, before being signed into law.

Murphy thanked the BHN leadership for their key assistance in crafting the bill.

"Dr. Larcen and Dr. Schwartz, along with the entire Hartford HealthCare team, have helped me understand the strengths and weaknesses of our mental health system," he said. "Our mental health care system is in desperate need of an overhaul, and their guidance

was incredibly important as I worked together with Senator Bill Cassidy to write the Mental Health Reform Act."

Highlights of the bill include:

- An effort to break down the barriers between physical and mental health by providing grants to states that identify and address existing barriers, and support for improved primary care and behavioral health integration.

- Designation of a federal Assistant Secretary for Mental Health and Substance Use to oversee grants and ensure best practices are being followed across the states in early diagnosis, treatment and rehabilitation.

- Establishment of Interagency Serious Mental Illness Coordinating Committee to ensure documentation and promotion of mental health research.

- Establishment of new National Mental Health Policy Laboratory to identify new and innovative models of care.

- Improvement of mental health services within Medicare and Medicaid to make services more accessible and affordable to patients, including reform of the Medicaid exclusion for adults in psychiatric hospitals.





New state law meant to tackle opioid abuse

A new state law, passed earlier this summer, is meant to tackle the escalating problem of opioid abuse and overdose in Connecticut, which last year averaged more than 15 opioid-related overdose deaths per 100,000 people — well above the national average of 7.7 deaths.

The law, known as the Act Concerning Substance Abuse and Opioid Overdose Prevention, will require greater monitoring and education for physicians and others who prescribe opioid pain medication while also expanding

public access to Naloxone, the medication which helps reverse the symptoms of opioid overdoses.

“This law is a game-changer,” said J. Craig Allen, MD, medical director at Rushford. “It will go a long way in helping to eliminate the conditions that contribute to the epidemic of opioid overdose deaths in our state. It’s really important that people in the medical field understand this law and its provisions.”

Dr. Allen said the law aims to tackle the problem of opioid abuse in three

fundamental ways:

- Allowing pharmacies to train and dispense Naloxone (Narcan) without requiring a doctor’s prescription. Members of the public who may be suffering from opioid addictions themselves, or have loved ones who are addicted can be trained at the pharmacy on how to recognize the signs and symptoms of opioid overdose and administer Narcan, then be given the medication.

The participating pharmacies will also be able to provide information identifying local treatment providers.

- Making training on the safe prescribing of opioid analgesics a mandatory part of required continuing medical education for state-licensed physicians, dentists, APRNs and PAs — all of whom are permitted to prescribe opioids to patients for pain management.

- If prescribing 72 hours or more of an opioid analgesic, a prescriber must query the Prescription Monitoring Program. The idea behind this provision, Dr. Allen said, is to prevent patients who may be addicted or abusing the medications from seeking prescriptions from several different doctors at once (doctor shopping). “If a patient comes into a doctor’s office seeking an opioid prescription and their name comes up on the monitoring program, the doctor can then address the issue with the patient and determine whether they would benefit from referral to an addiction or pain specialist,” he said.

Dr. Allen hopes the new law leads to a greater awareness of the epidemic of opioid overdose deaths in Connecticut and what can be done to prevent them.

■ Do you have an article, study, or case study you’d like to share with the Behavioral Health Network? Send your submissions to amanda.nappi@hhchealth.org or matt.burgard@hhchealth.org for consideration.



Changing Minds 4 the Better: A conversation on mental health

Hartford HealthCare’s Behavioral Health Network invites you to attend a forum on mental health, hope and recovery. Mental health advocate Jessie Close wants to change how people talk and think about mental illness. An ambassador for Bring Change 2 Mind, a not-for-profit organization founded by Jessie’s sister, actress Glenn Close, Jessie fights stigma and misunderstanding to create a clearer picture of mental disorders. Her own struggle with bipolar disorder and alcoholism

provides the backbone to a courageous story and an enlightened perspective on the state of mental health in America. This forum will be moderated by Senior Vice President of the Behavioral Health Network, Patricia Rehmer and will include other panelists with life experience like Jessie.

There will be an opportunity to meet Jessie as well as a book signing from 8:00 to 8:30pm.

Resilience: Two Sisters and a Story of Mental Illness, Jessie’s memoir, was released in 2015. She blogs about living with mental illness for BringChange2Mind.org and has made appearances on *Good Morning America*, *Katie*, *Erin Burnett*, and *Piers Morgan*.



September 17th, 2015 6:30p-8:30pm
University of Saint Joseph, Hoffman Auditorium
1678 Asylum Avenue, West Hartford



REGISTER ONLINE AT: harthosp.org/events

Hartford HealthCare
Behavioral Health Network
Connect to healthier.™

Woman uses Narcan to save man from overdose

Police in Plymouth, Mass., said a woman was able to rescue a man suffering from an apparent heroin overdose by administering Narcan to him. The incident happened in early

July when police received a call about a 26-year-old man suffering from an overdose at his home. When they arrived, police found a woman administering Narcan to the man, and he eventually revived. The man was then taken to a nearby hospital for treatment. A recent law adopted in Connecticut al-

lows members of the public to obtain prescriptions for Narcan, or Naloxone through their pharmacies, where they can receive training in how to administer the medication. Narcan is known to be effective in reversing the potentially fatal symptoms of opioid-related overdoses.

I insideiol

IOL to launch program for perinatal mood disorders

The Institute of Living received a \$300,000 grant from the Hartford Foundation for Public Giving to launch a program to help those suffering from mood disorders during and after pregnancy.

The three-year grant was awarded in July, and the IOL hopes to have the program in place and operational by the fall. The program is meant to treat mothers or fathers who may be experiencing a peripartum or postpartum mood disorder connected to the birth of a child. The grant affords an expansion of services in the West Grad Adult Outpatient clinic to designate a clinician to conduct groups or outreach.

This will be in conjunction with psychopharmacology services and group therapy programs already in place.

In year two of the grant, a case manager would be hired to help with outreach and allow for more focused collaboration.

In year three, the grant will financially assist the development of an Intensive Outpatient Program that could provide more acute services for mothers, and their children, who may be at risk during pregnancy. Special consideration is being placed on help assess attachment and promoting healthy mother-child development.

Mental Health First Aid classes set through September

Mental Health First Aid (MHFA) and Youth Mental Health First Aid (YMHFA) classes will be offered by the BHN



through the month of September. Classes are open to the general public at a cost of \$50 per person and to HHC employees at a discounted rate of \$20 per person.

MHFA and YMHFA are interactive training courses designed to give members of the public the key skills

Class schedule

Saturday, Aug. 22,	MHFA	8 a.m. - 5:30 p.m.
Saturday, Aug. 29	Youth MHFA	8 a.m. - 5:30 p.m.
Tuesday, Sept. 8	Youth MHFA	8 a.m. - 5:30 p.m.
Friday, Sept. 11	MHFA	8 a.m. - 5:30 p.m.
Saturday, Sept. 19	MHFA	8 a.m. - 5:30 p.m.
Saturday, Sept. 26	Youth MHFA	8 a.m. - 5:30 p.m.

required to help an individual who may be experiencing signs of crisis that are related to a mental health disorder such as depression, panic-anxiety disorder or post-traumatic stress disorder.

All classes will be held at the Insti-

tute of Living, Hartford Room, Second Floor Commons Building, 200 Retreat Avenue, Hartford, and are scheduled as shown above. For more information or to register, please contact patriciac.graham@hhchealth.org.



World Suicide Prevention Week

September 8-11



Registration needed for all events.

All registrations can be made by contacting the Family Resource Center at 860.545.7665 or 860.545.7716 unless otherwise specified.

Tuesday, September 8

Youth Mental Health First Aid Training

Commons building, 2nd floor, Litchfield room

Register by email: patriciac.graham@hhchealth.org

8:00 am-5:30 pm

Issues of Suicide for Clinicians/Staff

Massachusetts Cottage, 1st floor, Group Room (light lunch provided)

12-1:00 pm

Survivors of Suicide Group

Massachusetts Cottage, 1st floor, Group Room

7:00-8:30 pm

Wednesday, September 9

Zero Suicide, Zero Tolerance, Achieving Safety along the Continuum of Care

Commons building, 2nd floor, Hartford Room

12-1:00 pm

Thursday, September 10

Flag Lowering Ceremony

In front of Hartford Hospital

7:30 am

World Suicide Prevention Day Conference

ERC, Heublein Hall

Register online: <http://bit.ly/1LQTXp>

8:30-11:30 am

Friday, September 11

Mental Health First Aid Training

Commons building, 2nd floor, Hartford Room

Register by email: patriciac.graham@hhchealth.org

8:00 am-5:30 pm

(There are no events scheduled for Labor Day, Monday, September 7)

Institute of Living
A Division of Hartford Hospital

FRC Support Groups

The IOL Family Resource Center (FRC) holds regular support groups. All programs are free of charge and, unless otherwise noted, are held in the Massachusetts Cottage, First Floor Group Room at the IOL Campus, 200 Retreat Ave., Hartford. For additional information on these support groups, please contact the FRC at **860-545-7665** or **860-545-1888**. The upcoming IOL FRC Support Group schedule is as follows:

■ **Youth Psychosis Family Support Group.** Aug. 21, Sept. 4, Sept. 18 (First and third Friday of each month), 4:15 – 5:15 p.m. For parents with youth up to age 18 who have psychotic symptoms such as: hallucinations, delusions, paranoia, disorganized thoughts and behavior or are diagnosed with Schizophrenia and other related disorders. Join us to receive support, guidance and education on how to cope with and help your young person.

■ **Alcoholics Anonymous.** Aug. 25, Sept. 1, 8, 15, 22, 29 (Every Tuesday), 2-3 p.m. Join us for coffee and a one-hour topic discussion. To learn more, contact the AA General Service Office at 212-870-3400 or P.O. Box 459, New York, NY 10163

■ **Social Support Group — LGBTQ Issues (Lesbian/Gay/Bisexual/Transgender/Questioning).** Aug. 26, Sept. 9, Sept. 23 (Second and fourth Wednesday of each month), 5 – 6:15 p.m. in the Center Building, Young Adult Service Group Room. Support group for 16- to 23-year-olds who identify LG-BTQ issues as being prominent in their lives. The goal is to discuss support strategies to manage life challenges.

■ **Dementia Support/Educational Group Meeting.** Sept. 1 (First Tuesday of each month), 11:30 a.m. to 12:30 p.m. in the Donnelly Conference Room, First Floor. Please join us as we bring together experts and those who want guidance, direction, and support. Space is limited — reservations are required by calling **860-545-7665**.

■ **Support Group For Families Dealing With Major Mental Illness.** Sept. 3, Sept. 17 (First and third Thursday of each month), 5:15 - 6:30 p.m. in the Center Building, First Floor Conference Room. For family and friends of individuals who have schizophrenia, bipolar or other related disorders. Share your success and struggles. Learn to care for yourself while you are caring for others.

■ **Sibling Support Group.** Sept. 3, Sept. 17 (First and third Thursday of each month), 5:15 - 6:30 p.m. in the Center Building, First Floor Conference Room. This group will provide support for siblings of those struggling with mental illness, create a safe place to discuss and process feelings, and connect with others who have similar circumstances.



World Suicide Prevention Day:

Suicide Prevention in Young Adults
September 10, 2015 | 8:30 to 11:30 a.m.

The Institute of Living/Hartford Hospital, ERC, Heublein Hall.

AN OVERVIEW OF COLLEGE STUDENT SUICIDE

During the past academic year, a number of prominent universities have experienced clusters of student suicides. While suicides are rarer among college attending 18-25 year olds than young people not attending college, these events are often highly public. These presentations will provide a review of college student suicide and related behaviors and discuss a model of suicide prevention developed by The Jed Foundation and the Suicide Prevention Resource Center. Further, there will be a review of how campuses can deal with the challenges of balancing student privacy and autonomy with student safety and how this can impact suicide prevention on campus.



PROGRAM SCHEDULE

REGISTER ONLINE AT: <http://bit.ly/1LQTXp>

8:00	Registration	Continental Breakfast
8:30	Welcome	Harold I. Schwartz, MD Psychiatrist-in-Chief/Vice President The Institute of Living/Hartford Hospital
8:45	KEYNOTE	Victor I. Schwartz, MD Medical Director, The JED Foundation
9:45	Break	
10:15	Ethical Considerations	Victor I. Schwartz, MD Medical Director, The JED Foundation Ethical Issues in college mental health and suicide prevention
11:00		Discussion (Q&A)
11:30	Concluding Comments	Harold I. Schwartz, MD

Institute of Living
A Division of Hartford Hospital
200 Retreat Avenue
Hartford, Connecticut
860.972.7000

New doctors join Natchaug staff

Natchaug Hospital is pleased to announce the appointment of three new members to the hospital's medical staff.

Susan Daly, MD, is a board certified psychiatrist at the Quinebaug Adult Treatment Center in Dayville.



Daly

She most recently served as a psychiatrist for United Services, also in Dayville, and has worked in a variety of other hospitals and programs across Connecticut

including Lawrence & Memorial Hospital, Mount Sinai Hospital, Yale-New Haven Hospital as well as private practices and outpatient settings. Dr. Daly completed her psychiatric residency and medical training at the University of Connecticut, and is board certified in general psychiatry.

Muhammad Majeed, MD, is an attending psychiatrist who will work out of Joshua Center Thames Valley with the ambulatory and IICAPS programs. Dr. Majeed comes to Natchaug from Hofstra North Shore where he completed his child and adolescent psy-

chiatry fellowship at the Long Island Jewish Medical Center. He completed



Majeed

residencies in psychiatry at Drexel University and Jinnah Hospital Lahore in Pakistan, and received his medical training at Nishtar Medical College and Al-lama Iqbal Medical College. He is board certified in general psychiatry.

Kimberly Riquelme, MD, is a board certified psychiatrist serving the Mansfield young adult program. Dr. Riquelme completed both her child



Riquelme

and adolescent psychiatry fellowship and residency at Hofstra North Shore at Zucker Hillside Hospital, where she served as chief fellow.

She completed her medical training and Master of Science at New York College of Osteopathic Medicine, and received her Bachelor of Science in Biological Sciences at Fordham University.

S'mores anyone?



Children on the pediatric inpatient unit participated in "Museum Week," run by Michelle Ducat, COTA/L. Clients participated in a number of museum-themed creative rehab activities, including the creation of statues that you might find in a museum.

JC Northeast at First Friday



Joshua Center Northeast therapists worked together on an art therapy project that brought groups of all ages together to create mosaic bookmarks with inspirational phrases. Therapists Sarah Bland, LPC, left, and Fannie McGowan, MSW, right, attended First Friday in Putnam to hand out the bookmarks and spread the word of JCNE and Natchaug Hospital. First Friday in Putnam continues in its fifth year as an outdoor art-based street festival. This year the focus has been on a Century of Art, and August celebrated the 1960s arts and culture.

Safety Week at JC Mansfield



As a wrap-up for summer school, Joshua Center Mansfield CDT students participated in “Safety Week” with visits from UConn K-9 Police and the Mansfield Fire Department. Above: Juan Sanchez, right, shows students firefighting techniques as Mike Carifa, left, prepares to give tours of the department’s newest engine. Right: Students met UConn K-9 Officer Mike Rhodes and watched demonstrations of his police dog’s skills.

Growing healthy habits

Joshua Center Northeast is using a green thumb to grow healthy kids. With the support of Hart’s Greenhouse of Canterbury, the pediatric group at JCNE has grown a flourishing garden this summer. Horticulture therapy has been utilized for stress reduction, exercise, nurturing skills, and reducing youth violence. The pediatric group is able to pull weeds for stress reduction, learn healthy recipes using vegetables they have grown, and integrate positive interpersonal skills by building a relationship with the plants.



New look for leadership of school programs

Natchaug Hospital’s Clinical Day Treatment Schools welcomed two new principals during the summer break. On Aug. 1, Katie Gomes, who previously led Rushford Academy and Rushford at Stonegate’s schools, took over the Joshua Center Shoreline CDT School. She is the first principal to directly manage schools at different entities. Katie brings her expertise in working with substance abuse issues as well as The Seven Challenges program.

On July 27, Walter Signora joined the administrative team as principal of Joshua Center Thames Valley CDT School and coordinator of vocational services. Most recently, he served as director of guidance at Stonington High School and has held similar positions in public schools as well as at Connecticut Junior Republic, a private facility where he began his career. Walter brings experience in school administration and in transitioning students into work opportunities after graduation.

Also starting this school year, current Joshua Center Mansfield CDT and Inpatient School principal Shawn Cyr has accepted the position of Assistant Director of School Programs. During his three years at Natchaug, Shawn has impressed staff and leadership with his ongoing discretionary effort. In his new role, he will assist in management of the school programs, including the supervision State Department of Education approval visits. Shawn was also asked by senior leadership to oversee the hospital’s Client Safety Committee, which was previously led by Justin Sleeper.

Positive Parenting classes begin Sept. 28

Natchaug Hospital is pleased to offer its free Positive Parenting classes, with the first six-week course starting on Monday, Sept. 28. Classes are held on Monday nights from 6-8 p.m. at Natchaug Hospital, 189 Storrs Road, Mansfield.

The course, led by Joe Freeman, MDiv, LCSW, facilitates discussion amongst parents about behavior challenges and teaches effective, research-based methods of communication and discipline. Participants can expect to see improved self-esteem, cooperation, family atmosphere and parent-child communication. Single parents, grandparents, foster parents and all other caregivers are welcome to attend, and couples are encouraged to attend together.

For more information, visit www.natchaug.org or call Joe Freeman at 860-696-9500.

A feast for the senses



Adolescents on the inpatient unit participated in an internet-inspired sensory craft using pine cones and cinnamon. Mental health worker Linda R. led clients in the activity where they collected pine cones, painted them, and infused cinnamon scents, all while relaxing and listening to music. The craft provided a creative outlet for anxiety and gave clients an example of coping skills.

Natchaug blood drive Sept. 17

Natchaug Hospital will host a blood drive on Thursday, Sept. 17 from 11 a.m. to 4 p.m. in the Community Room.



Integrated
Care Partners
Connect to healthier.™



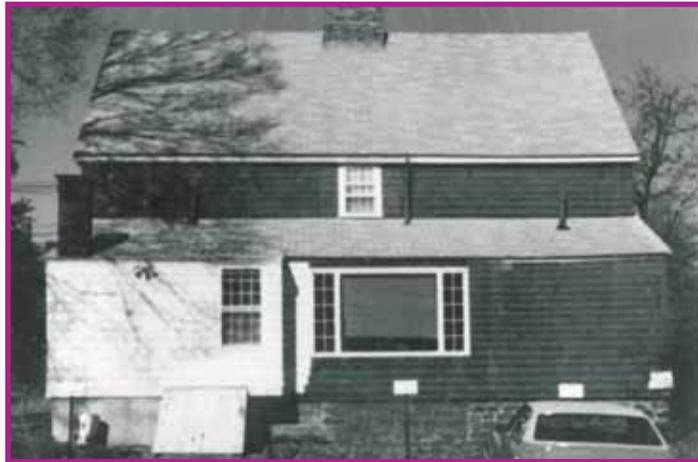
2nd Annual Conference

Postponed Until Spring 2016
More Information to Come

A look back

This year marks Rushford’s 40th anniversary as a leading provider of substance abuse and addiction services in Connecticut. BHNews is celebrating by taking a look back at the organization’s beginnings and early years in the Middletown and Meriden area, where it began making a profound impact in addressing the needs of the community.

Shown here is a photo from 1978 of the first location for the newly formed organization, which then was called the Tri-County Alcohol Council. The location is the Parish House for the South Congregational Church on Pleasant Street in Middletown.



RUSHFORD RECOLLECTIONS

Rushford 
Connect to healthier.™

40 YEARS

Free Community Event

Educational Empowerment Forum

A candid conversation on youth substance in Meriden

Thursday, October 15

6:30 - 8 p.m.

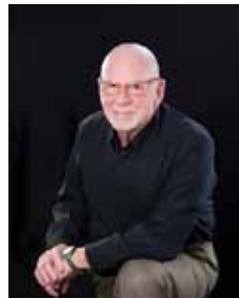
Lincoln Middle School
164 Centennial Ave., Meriden

**Featuring nationally recognized experts on substance use
Judge Jodi Debbrect and former DEA agent Robert Stutman**

Open to all members of the public over the age of 18 including:

- Parents
- Teachers
- Coaches
- Anyone who looks out for our children!

For more information, contact Krystle Blake:
Krystle.Blake@hhchealth.org or 203.238.6800



Marking 25 years



Greg Bushman, left, receives a congratulations certificate from James Pitel, Rushford social rehabilitation coordinator, marking Bushman’s 25 years as a member of The Friendship Club at Rushford. Bushman and other club members enjoyed cake and pizza at the club, located at Rushford’s Meriden facility on Paddock Avenue. Pitel said Bushman has been a vital member of the club, which is meant to help promote socialization and relationship-building for patients as they work toward an independent lifestyle. Pitel said Bushman is a previous club president who continues to make daily contributions to the club by fostering and encouraging relationships among other members.



The Treasure Trove is a free classified ad section for the benefit of Behavioral Health Network employees, retirees, medical staff and volunteers.

We welcome your submissions, which you can submit by emailing matt.burgard@hhhealth.org or amanda.nappi@hhhealth.org.

The deadline for submissions to be included in each Friday's BHNews is Tuesday at noon. BHNews will include community events for not-for-profit organizations that are open to the public and free of charge. We do not accept ads for real estate, firearms or personal ads. Please do not list hospital phone numbers or hospital e-mail addresses for responses.

You must submit your item weekly if you want it to appear more than one week.

FOR SALE

2007 TOYOTA RAV — V6, mint condition, blue, 4WD Limited Edition, 49,000 miles, \$14,000 or best offer. Call **860-710-1279**.

TWO BIKE RACKS — 4 1/4-inch hitch, Subaru/Yakima Double Down, tilts forward for access to cargo area/trunk, arms fold down when not in use, \$60. Call **860-848-3670**.

ROLLATOR — Blue, brand new, purchased for \$150. Please contact Joni at **860-416-4705**.

MISC. ITEMS — Wurlitzer Piano, excellent condition, \$450. Piano sheet music, early 1900s, some late 1800s, 200-plus sheets, \$125. Antique child's roll top desk, \$125. 19-inch television, \$15. Call **860-822-8578**.

MISC. ITEMS — Practical items for a dorm room or first apartment, everything is in excellent condition. Blue ceramic table lamp, \$5. Set of two twin-sized fitted sheets, blue stripes, Tommy Hilfiger brand, \$5 for the pair. Queen size duvet cover, dust ruffle, white, \$10 for the pair. Twin extra-long sheet set, light blue, \$5. Wool area rug, \$40. Call **860-639-9026**.

FREE

KITTEN — Female, affectionate, one year old, spayed, all shots, in need of a forever home. Call **860-885-1714**.

WANTED

WOMEN TO PLAY ICE HOCKEY — Connecticut College, Monday nights, September through March. Experience preferred, beginners welcome. Call Karen at **860-303-3484**.

CAREGIVER — Caring and reliable person to provide early morning care for an individual with disabilities, 6 to 10 a.m., several mornings per week, personal care experience, Central Village. Call **860-710-2944**.

FALL DECORATIONS — Hay, pitchfork, overalls, wagon, metal wash buckets, etc. Items are needed for a photo backdrop at the Preston Congregational Church Scarecrow Festival in September. Call **860-237-2303** and please leave a message.

STS. PETER & PAUL CHURCH — Vendors wanted for the Kris Kringle Fair, Saturday, Nov. 14. \$25 per table. Call **860-887-9857**.

CRAFTERS — Craft, Hobby and Product Show sponsored by the Lebanon Volunteer Fire Department

Ladies Auxiliary, Saturday, Nov. 21. Call **860-942-8283**.

ARTISTS — FACES at FAHS (Fine Art and Craft Exhibit and Sale at the Finnish American Heritage Society) is seeking artists and crafters for a Saturday, Oct. 3 event at the Finnish Hall, 76 N. Canterbury Road, Canterbury. Free admission, handicapped accessible. Call **860-974-2760** or email FACESatFAHS@gmail.com.

EVENTS

YOGA IN THE PARK SUNSET CLASSES — Beginners, ages 14 years old to adult Session I, Tuesday, Aug. 25 and Thursday, Aug. 27. Session II, Tuesdays, Sept. 1, 8, 15 and Thursday, Sept. 3, 10, 17, 5:30-6:30 p.m. at the Mohegan Park Lakeside Pavilion, Norwich. Cheryl Hughes will guide the evening practice. Four days is \$50 for Norwich residents, \$60 for non-residents, drop-ins, \$10. Call for more information **860-823-3791**.

FREE SAILBOAT RIDE FOR CANCER SURVIVORS — Thursday, Aug. 27, Thursday, Sept. 10, 1-2 p.m. Relaxation aboard the sailboat HADO, Brewers Yacht Yard, South Yard, Westbrook. Non-smoking, non-perfume, sponsored by the non profit Del Function. Call to attend **860-889-3424**.

FUNDRAISING NIGHT AT CASSIDY HILL — Saturday, Aug. 29, 6 p.m. at 454 Cassidy Hill Road, Coventry. Benefiting Relay for Life of greater Windham. \$25 per person, \$30 at the door, \$40 per couple. Call for tickets **860-456-6797**.

GRISWOLD RECREATIONAL PROGRAM — Starting Tuesday, Sept. 1 and then every Tuesday and Thursday from 6-7 p.m. Exercise class, low impact aerobics, weights, Pilates, bring mats and weights, open to surrounding towns. Call for more information **860-376-4741**.

FALL FESTIVAL — Thursday, Sept. 10, 9 a.m. to 4 p.m., yard sale and family closet. Friday, Sept. 11, 9 a.m. to 8 p.m. and Saturday, Sept. 12 from 9 a.m. to 7 p.m., yard sale, family closet, needlework, baked goods, general store, games food, silent auction, books, CDs, DVDs, major raffle begins at 7 p.m. on Saturday. All will be held at Saint Joseph Church, 11 Baltic Road, Versailles-Occum.

ST. JAMES CHURCH CEREMONY — Sunday, Sept. 20, 9 a.m. at St. James Church Poquetanuck, 95 Route 2A, Preston. Celebrate the rededication of the historic Bishop Samuel Seabury Window and honor Father David Canon's 50 plus years of ministry.

CRAFTS FOR CHRISTMAS — Saturday, Oct. 10, Sunday, Oct. 11, 9 a.m. to 3 p.m. at Saint James Parish, 95 Route 2A, Preston. Crafts, silent auction, lunch, baked goods, vendors.

LEE MEMORIAL CHURCH FUNDRAISERS — One pound pecans from Georgia, \$12. Streak-less cloths, \$3, no chemicals, just water, reusable, polishes. Proceeds benefit the church. Call **860-822-6595** or **860-908-9797**.

ST. JOSEPH SCHOOL — Accepting registrations for the 2015-2016 school year. 10 School Hill Road, Baltic, full day pre-kindergarten for children who will be 3 and 4 years of age by December, grades K-8 available. Call **860-822-6141** or email sistemarypatrick@gmail.com.

PRESCHOOL/CHILD CARE — First Leaps Together, Ledyard is a small family-oriented center proudly providing outstanding early education in Ledyard Center. Now Enrolling for openings in our Fall programs, beginning Monday, Aug. 31. Full day and shortened day preschool program options, after school programs, specialized services. Visit firstleapstogether.com and mention this ad and we will apply a \$100 discount to your second month's tuition payment for all new full time September enrollment. Call **860-381-5537** for a tour.

Clinical Corner submissions welcomed

Are you interested in sharing your clinical experience or knowledge with your co-workers throughout the HHC Behavioral Health Network? Consider submitting an article to the Clinical Corner. For more information, e-mail amanda.nappi@hhhealth.org or matt.burgard@hhhealth.org.