



NEW FUNDRAISER

Kate McNulty to head Rushford, Natchaug development office.

• PAGE 2



A TOUCH OF CLASS

Mental Health First Aid sessions scheduled for throughout the summer. • PAGE 3



DONATION APPRECIATION

Rushford trio recognized by local United Way.

• PAGE 7

Hartford HealthCare 
Behavioral Health Network

BHINews

HOCC to open new inpatient psych unit

Following 11 months of construction, The Hospital of Central Connecticut (HOCC)'s 32-bed inpatient psychiatric unit is set to open on June 25.

The brand new unit offers inpatient mental health and substance abuse treatment for patients 18 and older across central Connecticut and state-wide. Located on the HOCC New Britain campus, the expanded unit is on the third floor of the hospital's East and West Pavilion.

"Our new state-of-the-art unit will allow us to better serve the people in our communities, many of whom are quite ill and in desperate situations," said Michael E. Balkunas, MD, Chief of Psychiatry and Behavioral Health for The Hospital of Central Connecticut.

Staff will shortly begin training in this new unit in order to become accustomed to the work area. Additionally, on June 10, from 4 - 7:30 p.m., staff and volunteers will participate in a "Day in the Life" exercise to evaluate the flow and function of 20-plus patient scenarios.

"The new unit at HOCC adds four inpatient behavioral health beds to our region, thereby increasing patients' access to inpatient psychiatric care across central Connecticut and beyond and



Mara Rogers, RN, BSN, HOCC manager for nursing operations, left, and Jill Giulietti, RN, BC, Central Region clinical resource leader for inpatient psychiatry, go over the features inside a patient room at The Hospital of Central Connecticut's new 32-bed inpatient psychiatric unit.

also allowing for a wider range of treatment options and clinical interventions to be offered," said Pat Rehmer, MSN, ACHE, HHC Senior Vice President for Behavioral Health.

During inpatient treatment, patients have access to one-on-one care with expertly trained psychiatric providers, a

range of group therapies, occupational therapy, medication management and stabilization, and assistance with discharge planning. Staff also keep patients' families informed about their care through family meetings.

..... Continued on page 2

HOCC to open new inpatient psych unit

continued from page 1

The new unit also features:

- A mix of handicap and geriatric accessible private and semi-private rooms designed specifically for patients' comfort and safety.
- State-of-the-art mood enhancing lighting and a therapeutic sensory room to enrich patient's treatment.
- Additional group therapy rooms to accommodate an increased number of new treatment modalities, such as music therapy, occupational therapy

and social work.

■ Enhanced security features including upgraded video monitoring and a fully integrated nurse call system.

■ A pristine, soothing color scheme with breathtaking views of New Britain's rolling landscape.

The opening of the new, larger unit was part of a plan introduced three years ago to expand access to inpatient psychiatry services in the HHC Central Region.

A formal ribbon cutting is scheduled for June 24 from 2-4 p.m.

McNulty to head Rushford, Natchaug development office

The HHC BHN welcomes Katherine M. (Kate) McNulty, MA, CHC, CHRC, as the Regional Director of Development & Philanthropy for Natchaug Hospital and Rushford.

McNulty comes to HHC from the Connecticut Department of Mental Health and Addiction Services (DMHAS), where she has served as Director of Compliance and Integrity and Chief of Staff since 2012. In these positions, she managed all DMHAS grants and grant proposals, identified funding sources, designed the program and created grant application documents. She also had responsibility for the DMHAS Education and Training Division, participated on the Commissioner's Information Technology Governance group and maintained oversight of the DMHAS Institutional Review Board (IRB).



McNulty

From 2001 – 2012, McNulty served as a Congressional Aide and Grants Administrator for U.S. Sen. Joseph Lieberman. In this capacity, she worked as a liaison to local, state and federal elected officials, agencies, nonprofit organizations and community groups on matters including grants, immigration and international adoptions. She is experienced in policy analysis and other functions related to federal funding and private philanthropy.

She holds a bachelor's degree from the University of Connecticut and a master's degree from Trinity College, and earned certification in both Healthcare Compliance (CHC) and Healthcare Research Compliance (CHRC) from the Compliance Certification Board (CCB).

McNulty started on June 1, and reports to Pat Rehmer, HHC Senior Vice President for Behavioral Health.

VOLUNTEERS NEEDED

for "A DAY IN THE LIFE"

Your help is needed to serve as mock patients for the various scenarios that staff will be testing with regard to patient flow in the new inpatient psychiatry unit (EW3) at The Hospital of Central Connecticut, which is set to open this spring.



Wednesday, June 10, 2015

4 to 7:30 p.m.

The Hospital of Central Connecticut
New Britain General Campus, EW3

Refreshments will be provided

If you are interested, please e-mail:
Danielle Siedsma, Administrative Assistant
Danielle.Siedsma@hhchealth.org





staff speaks out

If you were given a yacht, what would you name it?



Wind Beneath My Wings.
— Janet Keown, Human Resources VP,
Rushford and Natchaug



Samantha
— Joel Kirkland,
Rushford at Meriden Outpatient



M.A.R.S. Bar
— Sherry Smardon,
Natchaug Development



in the news

Anxiety, not depression, most prevalent at colleges

According to the New York Times, anxiety has displaced depression as the most common mental health diagnosis on college campuses.

The Times referenced a recent study by the Center for Collegiate Mental Health at Penn State that looked at more than 100,000 students who sought help for mental health struggles. More than half of the students in the study reported anxiety as an issue. Counselors referenced increasing levels of stress and academic demands, sometimes stemming from parents.

To read more, visit <http://nyti.ms/1GiCS7L>.

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Got something to share?

Are you interested in sharing your clinical experience or knowledge with co-workers throughout the HHC Behavioral Health Network? Consider submitting an article to the Clinical Corner. For more information, e-mail Amanda.nappi@hhchealth.org or carol.vassar@hhchealth.org.

Class schedule

Tuesday, June 9	MHFA	8 a.m. - 5:30 p.m.
Wednesday, June 10	Youth MHFA	8 a.m. - 5:30 p.m.
Thursday, July 23	Youth MHFA	8 a.m. - 5:30 p.m.
Thursday, Aug. 6	MHFA	8 a.m. - 5:30 p.m.
Saturday, Aug. 22,	MHFA	8 a.m. - 5:30 p.m.
Saturday, Aug. 29	Youth MHFA	8 a.m. - 5:30 p.m.
Tuesday, Sept. 8	Youth MHFA	8 a.m. - 5:30 p.m.
Friday, Sept. 11	MHFA	8 a.m. - 5:30 p.m.
Saturday, Sept. 19	MHFA	8 a.m. - 5:30 p.m.
Saturday, Sept. 26	Youth MHFA	8 a.m. - 5:30 p.m.

Mental Health First Aid classes scheduled through September

Mental Health First Aid (MHFA) and Youth Mental Health First Aid (YMHFA) will be offered by the BHN through the month of September. Classes are open to the general public at a cost of \$50 per person and to HHC employees at a discounted rate of \$20 per person.

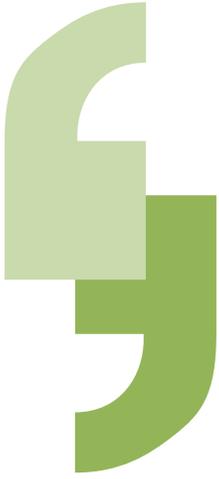


MHFA and YMHFA are interactive training courses designed to give members of the public the key skills required to help an individual who may be experiencing signs of crisis that are related to a mental health disorder, such as depression, panic-anxiety disorder or post-traumatic stress disorder.

All classes will be held at the Institute of Living, Hartford Room, Second Floor Commons Building, 200 Retreat Avenue, Hartford, and are scheduled as shown above. For more information or to register, please contact patriciac.graham@hhchealth.org.

1 BHNFirst

Natchaug Psychological Services helps with assessments



In addition to its traditional continuum of services, Natchaug Hospital also offers consultations to the community through the Psychological Services Department.

The Natchaug Psychological Services Department provides a wide array of evaluations for Natchaug's schools and inpatient unit, as well as school districts and community organizations. The psychological services team, which includes psychiatrists, doctorate level psychologists, and other staff, offers psychiatric, psychological and neuropsychological evaluations along with attention deficit and hyperactivity disorder (ADHD) and the autism spectrum assessments.

The assessments can provide valuable information and insight in a number of areas including:

- Risk assessments
- Learning, academic and cognitive functioning
- Behavioral problems

- Medication management
- Psychiatric diagnoses
- Emotional/social functioning
- School avoidance

Through the use of interview techniques and specialized assessment tools, the Natchaug Psychological Services team can provide recommendations for interventions and follow-up care. Additionally, the evaluations can provide information that aids in determining whether students have a disability that requires support services within the school.

For more information or to make a referral, contact Krystle Sullivan at krystle.sullivan@hhchealth.org.

■ BHN First is a regular feature of BHNNews designed to help readers become more familiar with the unique service offerings across the network, and provide staff with the information to refer within the BHN FIRST!

I insideiol

HHC retirement meeting June 5

Need information on retirement planning? Additional informational meetings are scheduled at IOL on June 5.

All meetings cover the same content and will take place in the Hartford Room, Commons Building at 8 a.m., 9:30 a.m., 11 a.m., 1 p.m. and 4 p.m.

Clinical trial study participants needed

In addition to direct clinical services to patients, Hartford Hospital's Institute of Living supports and augments its clinical excellence through research at the Olin Neuropsychiatry Research Center; the Anxiety Disorders Center/Center for Cognitive Behavioral Therapy (CBT); the Braceland Center for Memory and Aging; and the Burlingame Center for Psychiatric Research and Education.

As part of the research taking place at IOL, volunteers are needed to help

with numerous clinical trials including: Adolescent Schizophrenia, Pediatric and Adolescent Bipolar Disorder, Pediatric and Adolescent Depression, Adult Generalized Anxiety Disorder, Adult Major Depressive Disorder, Adult Bipolar Disorder and Schizophrenia, Schizophrenia and Autism Research, Alcoholism, Teen Depression and Alcoholism.

For more information and greater details about these clinical trials, go to <http://bit.ly/1EkaZFc>.



Family Resource Center Support Groups

The IOL Family Resource Center (FRC) holds regular support groups. All programs are free of charge and, unless otherwise noted, are held in the Massachusetts Cottage, First Floor Group Room at the IOL Campus, 200 Retreat Ave., Hartford. For addition information on these support groups, please contact the FRC at **860-545-7665** or **860-545-1888**. The upcoming IOL FRC Support Group schedule is as follows:

■ **Social Support Group — LGBTQ Issues (Lesbian/Gay/Bisexual/Transgender/Questioning).** June 10, June 24, (Second and fourth Wednesday of each month), 5 – 6:15 p.m. in the Center Building, Young Adult Service Group Room. Support group for 16- to 23-year-olds who identify LGBTQ issues as being prominent in their lives. The goal is to discuss support strategies to manage life challenges.

■ **Substance Use Educational And Support Group.** June 11 (Second Thursday of each month), 4 – 5 p.m. For family members impacted by loved ones with substance abuse.

■ **Anxiety Disorders: An Introduction.** June 16, 6:30 – 7:45 p.m. This lecture is for families and friends of individuals who have an anxiety disorder or a related disorder. Participants will acquire a basic understanding of anxiety disorders, their treatments and specific suggestions to help them better cope with the illness.

■ **Peer Parent Support Group For Those With Children On The Autism Spectrum.** June 17 (Third Wednesday of each month), 6– 7 p.m. Facilitated by Goviana Morales, Family Resource Center Peer Volunteer and parent of a child on the autism spectrum. This group is open to any parent who has a child on the spectrum.

■ **Support Group For Families Dealing With Major Mental Illness.** June 18 (First and third Thursday of each month), 5:15 - 6:30 p.m. in the Center Building, First Floor Conference Room. For family and friends of individuals who have schizophrenia, bipolar or other related disorders.

■ **Sibling Support Group.** June 18 (First and third Thursday of each month), 5:15 - 6:30 p.m. in the Center Building, First Floor Conference Room. This group will provide support for siblings of those

struggling with mental illness, create a safe place to discuss and process feelings, and connect with others.

■ **Bipolar: An Introduction To The Disorder.** June 23, 6:30 – 7:45 p.m. This program is for family and friends of individuals who have bipolar or a related disorder. It will present a basic understanding of the disorder, its treatment, along with specific suggestions to help family members and friends better cope with the illness.

Psychiatry Residency Programs 2015-2016

Institute of Living
A Division of Hartford Hospital

Child & Adolescent Psychiatry



Mangreet Kaur, MD
Co-Chief Resident



Neil King, MD
Co-Chief Resident



Jensi George, MD



Rajesh Mehta, MD



Muhammad Puri, MD



Christopher Reveley, MD



Mohammed Ahmer Siddiqui, MD

Addiction Medicine Fellowship

General Psychiatry IV



Gavrosh Faylayev, MD



Raymond Morris, MD



David Schmidt, DO
Chief Resident



Esteban Toledo, MD



Justin Uzi, MD



Rakesh Goyal, MD



Samira Solomon, MD

Psychosomatic Medicine Fellowship

General Psychiatry III



Kathleen Hershon, MD



Vanessa Katon, DO



Donald McNally, DO



Griffan Randall, DO



Izabella Shuvayev, MD



Saachi Tarr, MD

General Psychiatry II



Elizabeth Burch, DO



Sarah Calnan, DO



Michael Gillespie, MD



Christine Shapter, MD



Danica Vargo, DO



Christy Yuen, MD

General Psychiatry I



Ashley Bullock, MD



Joanna Charette, MD, PhD



Joseph Horvath, DO



Sivabalaji Kaliyamurthy, MD



Clifford Kye, DO



Shilpa Lad, MD, MS

Flashback Friday



Flashback to just a few months ago, when the courtyard and all of Connecticut were covered in record-setting amounts of snow. A great reminder for those hot and humid days in June!

Wellness committee seeks volunteers

Are you passionate about wellness? Do you want to help make Natchaug Hospital a healthier place?

Employees are needed for Natchaug Hospital's new Wellness Committee. The committee, which will meet several times a year, is responsible for implementing health and wellness initiatives at the grass-roots level with support and resources from the newly formed HHC Wellness Council. Each HHC affiliate will have its own committee that will bring lunch-and-learns, on-site yoga, and other healthy ideas to life.

If you are interested in joining the committee, e-mail amanda.nappi@hhchealth.org.

NEW BEGINNINGS

61st Annual Natchaug Hospital Board Reception
Tuesday, June 9, 2015
 Hartford HealthCare East System Support Office,
 11 Stott Avenue, Norwich, CT (across from Dodd Stadium)

Join us as we recognize members of the Board of Directors who have served Natchaug over the years.

Invited remarks by:

- Elliott Joseph, President and CEO, Hartford HealthCare
- Stephen W. Larcen, Ph.D., President of the Hartford HealthCare Behavioral Health Network and Natchaug Hospital
- Pat Rehmer, Senior Vice President for Behavioral Health, Hartford HealthCare

• 5:30 PM Reception
 • 6:30 PM Program

RSVP by June 3 to:
 Sherry Smardon 860.465.5910
 or Sherry.Smardon@hhchealth.org

Natchaug Hospital
 Connect to healthier.™

Longtime receptionist retires

Joshua Center Northeast bids receptionist Donna Perron a fond farewell after 23 years of dedicated service to Natchaug Hospital. The staff would like to express our appreciation and thanks to Donna for all she has done for JCNE and the innumerable clients and families that she has assisted over the past two decades.

Blood drive planned for Natchaug

Natchaug Hospital will host an American Red Cross blood drive on Thursday, Sept. 17. Remember to plan your donations around the 60-day mandatory waiting period. For more information, contact Shawn Cyr at **860-465-5926**.

HHC&Me MyFuture **Hartford HealthCare**

My Future Online
 One site.
 Everything you need to understand your retirement benefits and plan for the future.

Coming to a screen near you on April 27, 2015 at hhcandme.etr.com.

You are invited!



Rushford Family Outing

Saturday, August 15, 2015

- Where:** Lake Compounce, 186 Enterprise Drive, Bristol
- Time:** 11 am-10 pm (park hours)
- Includes:** Unlimited rides, shows & attractions
Crocodile Cove Water Park
Free parking
Lunch for Rushford party from 12 noon – 2:30 pm
- Tickets*:** Adults \$15
Children 12 years and under \$10
Free for children age 3 & under

To purchase tickets, please contact: Anivette.cruz@hhchealth.org or Sheila.gosselin@hhchealth.org.

Deadline for registration & payments is July 1. Cash only, please.

**Limit 5 tickets per staff. Tickets are non-refundable and cannot be combined with Season Passes.*



Rushford 
Connect to healthier.



Jennie Vega, left, and Caitlin Swartz of Rushford were honored for their efforts as United Way Coordinators Monday. Also honored, but not pictured was Phil Andriano.

Rushford honored by local United Way

On June 1, the United Way of Meriden and Wallingford honored Rushford for its successful 2014 annual employee campaign, which raised \$12,574 for local United Way programming.

Rushford's Caitlin Swartz was on-hand to receive two awards on behalf of Rushford: the Silver Award for Outstanding Campaign and the Exceptional Agency Partner award. Kudos to Caitlin, as well as the other Rushford United Way coordinators Jennie Vega and Phil Andriano, along with the many Rushford employees who donated to this campaign last fall.



Survey planned for potential blood drive

As part of an H3W workgroup project, Rushford employees are being asked to take part in a survey to determine whether there are enough potential blood donors to hold a blood drive at a Rushford location. The survey is open through June 4 at: <https://www.surveymonkey.com/s/BXB7TBK>. Please direct any questions you might have to colleen.johnstone@hhchealth.org.

The 27th Annual **RUSHFORD GOLF CLASSIC**

Friday, June 5, 2015
Lyman Orchards Golf Club
Middlefield, CT

For more information, please call 203.630.5229 or contact RushfordGolfTournament@hhchealth.org

Rushford Foundation, Inc.
883 Paddock Avenue, Meriden, CT 06450

Proceeds raised from the 2015 Rushford Golf Classic will be used to support Rushford's child and adolescent prevention and treatment programs.

Rushford Foundation 

CELEBRATING 40 YEARS OF RECOVERY!

campaign for bully-free communities

Council of Business Partners at  **COMMUNITY FOUNDATION** of Middlesex County

Middletown celebrates H3W



Above: Rushford at Middletown celebrated the third anniversary of H3W with a cookout last Friday, with food served up by senior leadership, including Shawna Cain, left, and Darlene Dubowsky. Right: Among the H3W leadership awards winners at the celebration were Jack Ryan, top, from Rushford at Glastonbury (Respect and Leverage Separate Realities) and Nicole Fodaski, bottom, from Rushford at Middletown (Be Curious Versus Judgmental). Both are pictured with HHC Senior Vice President Patricia Rehmer and Rushford Vice President Steven Zuckerman.



 events

■ **Friday, June 5, noon shotgun start; dinner at 5 p.m.:** The 27th annual Rushford Golf Classic, Lyman Orchards Golf Club, Middlefield. To become a sponsor, to golf or to attend the dinner, sign up today at <http://bit.ly/1NFpyu0>. Co-sponsored by the Community Foundation of Middlesex County. Proceeds support child and adolescent prevention efforts and naloxone rescue kits. For more information, please call **203-630-5229** or email RushfordGolfTournament@hhchealth.org.

■ **Tuesday, June 9, at 5:30 p.m. for reception with program at 6:30 p.m.:** New Beginnings: The 61st annual

Natchaug Hospital Board Reception, Hartford HealthCare East System Support Office, 11 Stott Ave., Norwich, CT (across from Dodd Stadium). Invited speakers include Elliott Joseph, President and CEO, Hartford HealthCare; Stephen W. Larcen, Ph.D., President of the Hartford HealthCare Behavioral Health Network and Natchaug Hospital; and Pat Rehmer, Senior Vice President for Behavioral Health, Hartford HealthCare. RSVP by June 3 to: Sherry Smardon **860-465-5910** or sherry.smardon@hhchealth.org.

■ **Wednesday, June 10 from 4 – 7:30 p.m.:** “Day in the Life” exercise, The

Hospital of Central Connecticut, 100 Grand St., New Britain. Staff and volunteers will work to evaluate the flow and function of 20-plus patient scenarios in the new HOC inpatient unit (3rd Floor, East-West Pavilion). For more information or to participate, please contact **danielle.siedsma@hhchealth.org**.

■ **Thursday, June 11 from noon – 1:15 p.m.:** IOL Grand Rounds: “Mind, Brain and Body in the Healing of Trauma” with Bessel van der Kolk, MD, Medical Director, The Trauma Center, Boston, Professor of Psychiatry, Boston University Medical School.

The Treasure Trove is a free classified ad section for the benefit of Behavioral Health Network employees, retirees, medical staff and volunteers.

We welcome your submissions, which you can submit by emailing carol.vassar@hhchealth.org or amanda.nappi@hhchealth.org.

The deadline for submissions to be included in each Friday's BHNews is Tuesday at noon. BHNews will include community events for not-for-profit organizations that are open to the public and free of charge. We do not accept ads for real estate, firearms or personal ads. Please do not list hospital phone numbers or hospital e-mail addresses for responses.

You must submit your item weekly if you want it to appear more than one week.

FOR SALE

1977 F150 — 400ci motor, 4WD, solid truck, very little rust, three-speed automatic, like new tires, runs mint. 107,000 miles. \$7,000. Call or text **860-377-9913**.

2001 HARLEY DAVIDSON SPORTSTER 883 — Forward controls, custom paint. 14,000 miles. \$4,200 or best offer. Call **860-334-1581**.

WASHER/DRYER — Large Kenmore washer and large Whirlpool dryer, both in excellent condition. Call **860-886-1512** and please leave a message.

GE PROFILE MICROWAVE — White 2.1 cubic feet, over-the-range sensor microwave, excellent condition, one rack, asking \$200. Call **860-887-7459**.

NUTRIBULLET PRO 900 SERIES BLENDER — New in box, \$100. Call **860-336-6509**.

POOL ACCESSORIES — New Hayward pump, five bags of sand, pole, net, ladder, hoses, new pool cover size 18-20 foot round, bucket of tablets, make an offer. Call **860-859-9416**.

EVENTS

MULTI FAMILY YARD SALE — Friday, June 5, Saturday, June 6 and Sunday, June 7 from 8 a.m. to 4 p.m. at 27 McIntosh Ave., Uncasville. Antiques, furniture, lamps, many tools, vintage art, retro posters, collectibles, baby boy/girl clothes up to one year old, Avon, household, Jeep, much more, all priced to sell.

AUCTION — Friday, June 5, 7 p.m. at Holy New Martyrs Orthodox Church, 364 Canterbury Tpke., Norwich. Furniture, antiques, collectibles, glassware,

baskets, gift certificates, Hammond organ, Pierogies. **YARD SALE** — Saturday, June 6, 8 a.m. to 2 p.m. at 14 Green Valley Lake Road, East Lyme. Multi family, something for everyone.

YARD SALE — Saturday, June 6, starting at 8:30 a.m. at 208 Browning Road, Norwich.

YARD SALE — Saturday, June 6, 9 a.m. to 2 p.m. at 27 Drawbridge Road, Preston.

TAG SALE — Saturday, June 6, 9 a.m. to 4 p.m. and Sunday, June 7, 10 a.m. to 4 p.m. at 921 Route 87, Lebanon Center. Furniture, bread machine, exercise bicycle, Kerosene heater, clothes, luggage, holiday decorations and much more.

LATIN FOOD SALE AND CAR WASH — Saturday, June 6, 10 a.m. at Comunidad Sanadora Healing Community Church, 20 Hope St., Willimantic. Cars, \$5, SUVs, \$7, Latin Food, \$8 per plate, rice and pigeons or white rice with beans, chicken BBQ, salad, soda. All proceeds help the Youth/Ladies/Gentlemen's Ministry. Call **860-462-5204** with questions.

CROHNS AND COLITIS FOUNDATION TEAM CHALLENGE — Saturday, June 6, 6 p.m. at Preston Ridge Vineyard, 100 Miller Road, Preston. Chips, dips, and sips, basket raffles, 50/50 raffle. Donation is \$25 to Crohns and Colitis to support Dr. Sridhar and Jeannine's half marathon challenge. Call Jeannine Hampton for tickets or information **860-859-9061**.

ARTHRITIS EXERCISE PROGRAM — Mondays and Wednesdays through June 10 at the Norwich Recreation Center, 75 Mohegan Road, Norwich. Both sessions are from 10-11 a.m. Norwich residents fee is \$48, non-residents is \$58. Call **860-823-3791**.

BAKE/RUMMAGE/YARD SALE — Saturday, June

13, 8:30 a.m. to 2 p.m. at Lee Memorial Church, 294 Washington St., Norwich. Clothes, books, furniture, white elephant items, baked goods, plants, hotdogs, hamburgers, steamed cheeseburgers.

FIBER ARTS FAIR — Saturday, June 13, 10 a.m. to 4 p.m. at 25 Stockhouse Road, Bozrah. Admission is free to see how fiber or hair is made into yarn, free parking, vendors will be showing their creative talent with the yarn produced at the mill, food available.

ST. JAMES FREE SPAGHETTI DINNER — Friday, July 10 from 3:30-7 p.m. at St. James Church, routes 2A and 117, Preston. The church is hosting this dinner to raise awareness of the Church Mission Trip to Ecuador. A free will offering will be accepted to help defray costs for the Mission Trip.

FUNDRAISER BANGLE BRACELETS — Please support Team Joshua and the March of Dimes Walk for Babies. All proceeds benefit the March of Dimes. Unique silver bangle with Team Joshua and March of Dimes logo with a purple crystal, \$20 each. For more information or pictures email dianna@snet.net.

LEE MEMORIAL CHURCH FUNDRAISERS — One pound pecans from Georgia, \$12. Streak-less cloths, \$3, no chemicals, just water, reusable, polishes. Proceeds benefit the church. Call **860-822-6595** or **860-908-9797**.

PRESCHOOL/CHILD CARE — First Leaps Together, Ledyard, a small family-oriented center providing outstanding early education in Ledyard Center. Now enrolling for immediate space in our full day-care, preschool program options, after school programs, summer programs, and specialized services. Visit firstleapstogether.com or call **860-381-5537**.

About BHNews

BHNews is published every Friday, except for the weeks of Thanksgiving, Christmas and New Year's. Articles for submission are due by noon on the Tuesday of the publication week.

Story ideas or submissions may be sent to carol.vassar@hhchealth.org or amanda.nappi@hhchealth.org. Articles must be submitted as a Microsoft Word document. Every effort will be made to run the article in its entirety, but due to space constraints and style requirements, editing may be necessary. Thank you.

Deadline for the next edition of BHNews is Tuesday, June 9, at noon.