



FEET OF FANCY

NAMI Walks team makes tracks at Bushnell Park.

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SEEING GREEN

IOL Greenhouse back in business.

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GOOD AS GOLD

Natchaug's Scott Crawford named as Gold Medal manager

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Hartford HealthCare Behavioral Health Network

BHINews

Best of New England

BHN marketing team wins seven awards, including top honor, at annual ceremony

The Hartford HealthCare Behavioral Health Network marketing team received seven Lamplighter awards, including the Best of New England, which is the top honor given at the New England Society for Healthcare Communications' (NESHCo) annual conference.

The awards — which included three golds, two silvers, one award of excellence and the Best of New England — were given at the 25th annual Lamplighter Awards Ceremony at the World Trade Center in Boston. The Lamplighter Awards recognize the best health care communications in New England. Overall, Hartford HealthCare won 23 Lamplighters.

Behavioral Health Network awards included:

■ **Gold, Community Relations Event/Campaign:** The National Dialogue on Mental Health, a series of public forums following the Sandy Hook



The Hartford HealthCare marketing team received 23 awards from the New England Society for Healthcare Communications Thursday night in Boston. The BHN marketing team, which includes Carol Vassar, Amanda Nappi and Shawn Mawhiney, received the Best of New England Lamplighter Award for its National Dialogue on Mental Health series.

tragedy.

■ **Gold, Printed Piece Design:** Institute of Living Calendar, which includes artwork created by students at the Grace S. Webb School, a special education program run by the Institute.

■ **Gold, Social/New Media:** Stop the Stigma CT Facebook page, created in

partnership with Julia Balfour.

■ **Silver, Publications-Special Purpose:** The Record, an annual publication of the Institute of Living.

■ **Silver, Special Events:** "An Honest Look at Mental Illness," a panel discus-

..... Continued on page 2

Marketing team wins big

continued from page 1

sion in partnership with the Connecticut Forum.

■ **Award of Excellence, Potpourri:** “Nalaxone Saves Lives” video.

In addition, each year, one entry each year is recognized as Best of New England. This year, the Behavioral Health Network received this honor for its National Dialogue series.

Between January 2014 and January 2015, the HHC BHN held a series of free public forums under the title “National Dialogue on Mental Health (NDMH).” These forums were organized across a wide geographical portion of the BHN’s service area, tackling topics of both mental health and substance abuse that are of interest to the public based upon local HHC affiliate recommendations.

This was the second year for the NDMH, which is a community-based response to the tragedy that occurred at the Sandy Hook Elementary School in December 2013. The NDMH emphasizes education and conversation, and provides to the BHN a means by which to build positive relationships with the communities it serves, and most importantly, improve awareness about mental health and substance abuse issues to help prevent future tragedies.

“This recognition for the best communications in all of New England is a testament to a very talented and energetic marketing and communications team, as well as the remarkable organizations that make up the Behavioral Health Network — Rushford, Natchaug, the Institute of Living, The William W. Backus Hospital and the Hospital of Central Connecticut — organizations that have so many great stories to tell, whether it is through writing or videos, online or print, social media or any other platform,” said Shawn Mawhiney, regional director of Marketing. “The bottom line is that our entire staff, and the miraculous work they do every day, make these honors possible.”



Above left: HHC Senior Vice President for Behavioral Health Services Patricia Rehmer, left, is pictured receiving the award from CCB member and former Rushford Vice President for Mental Health Services Kathy Ulm. Above right: Rehmer, standing, greets Rushford’s Felicia Goodwine-Vaughters, left, and Krystle Blake prior to the event.

Rehmer receives Lifetime Achievement award

On Thursday, May 14, HHC Senior Vice President for Behavioral Health Services Pat Rehmer was presented with the first-ever Dr. David Powell Award for lifetime achievement in the area of substance abuse treatment by the Connecticut Certification Board (CCB).

In the media

As part of May is Mental Health Month, Pat Rehmer has been appearing in various local media, including:

- NBC Connecticut (aired May 14, 2015 at 11 a.m.): <http://bit.ly/1PnHRbG>
- WTIC AM & FM’s Face Connecticut (May 17): <http://bit.ly/1cDyNNY>
- Connecticut Health Investigative Team (C-HIT) (May 17): <http://bit.ly/1Pveown>
- In addition, she is scheduled for an interview on Channel 3 on May 31 at 8:20 a.m.



Nation’s second-largest jail hires psychologist as director

Cook County Department Of Corrections, the nation’s second-largest jail with an average daily population of 9,000 inmates, appointed clinical psychologist Nneka Jones Tapia as the jail’s executive director.

Tapia previously oversaw mental health strategy for the jail, which has roughly a third of its inmates dealing with mental illness. Her appointment marks the first time a mental health professional has headed a major U.S. jail.

To read more, visit <http://usat.ly/1LlnSVh>.

1 BHNFirst

IICAPS program focuses on family needs

The IOL Natchaug Hospital's Intensive In-Home Child & Adolescent Psychiatric Services (IICAPS) program works with the families of children and adolescents between the ages of 5 and 17 who are struggling with mental illness. The IICAPS program, which was first developed in 1996 at Yale University, provides treatment, interventions and support in the home, school and community. The goal of the program is to keep children in a home setting and reduce the frequency of out-of-home placements and hospitalizations.

Each family is assigned an IICAPS team with a master's-level clinician and a bachelor's-level case manager. They help set goals and provide interventions and education in the home, school and community. Some areas that the IICAPS team may address include:

- Behavior management.

- Social skills development.
- Family communication.
- Coping skills.
- De-escalation of aggressive behavior.
- Advocacy in schools.
- Mental health education.
- Community resources.
- Navigation of the mental health system.
- Coordination of care between providers.
- Medication management.
- After-care planning.
- Individualized support.

A program psychiatrist is based out of Joshua Center Thames Valley in Norwich and is available to families for an initial psychiatric evaluation and medication management. These services are available throughout a family's participation in the IICAPS program

Anyone can make a referral to the

IICAPS program including government agencies, schools, community providers or the families themselves.

In order to be eligible for the IICAPS program, the family must have a child or adolescent between 5 and 17 years old with a primary mental health diagnosis, reside in Southeastern Connecticut, and have either Husky Insurance (CT Behavioral Health Program) or involvement with the Department of Children and Families or Juvenile Justice System (CSSD)

To make a referral, contact IICAPS Program Coordinator, Christin Morales, LPC at **860-823-5357** or **christin.morales@hhchealth.org**.

■ BHN First is a regular feature of BHN News designed to help readers become more familiar with the unique service offerings across the network, and provide staff with the information to refer within the BHN FIRST!

BHN walks for NAMI Connecticut



From left, Savannah Daniels, Christopher Morrison, Angela Daniels with IOL's Olive McKenzie.

Despite the wet weather, hundreds turned out at Bushnell Park in Hartford last Saturday for NAMI CT Walks, including employees and friends of BHN affiliates IOL, Rushford and HOCC.



The 2015 BHN NAMI Walks! Team.



Above left: From left, HOCC's Stacey Hultman, Mary Ramos, Danielle Siedsma.



Above right: Rushford's Mike Cole, right, and Ernie Voelkl.

staff speaks out

If you could be one age forever, what age would you choose and why?



I'd say 29 because I had checked off grad school, getting married, having a house, being licensed and finally having a job that allows me to travel.

— **Katie Bell, primary therapist at Natchaug Joshua Center Mansfield**



I would stay the age I am now (65) because my journey though life has been very good to me. I'm very settled in my life and happy with it. I enjoy my job. I'll be retiring in approximately a year and looking forward to whatever life holds for me.

— **Karen Bennett, Unit Secretary, HOCC Inpatient Unit W1**



I'm loving 57. Every year gets better, it really does because I get smarter. I would love my 23-year-old body, but when I had that body I didn't appreciate it. Life gets better every minute.

— **Sarah Fogg, RN, HOCC Inpatient Unit**



I would be 65 forever because I would be retired, young enough to enjoy it, and not have to go to work every day! (I love my job, but I'm going to love retirement even more)

— **Donna Girouard, RN, Natchaug Hospital**

ASAM educational competition garners prizes for IOL, Hartford

Eleven psychiatry residents from five different programs in Connecticut and Massachusetts competed last week for a \$1,000 top prize in the 4th Annual American Society of Addiction Medicine (ASAM) Educational Competition at the Connecticut State Medical Society (CSMS) headquarters in North Haven.

The competition this year required participants to study, answer and present on the question "How does addiction impact the patients you treat in your specialty?" Guest judges were Pat Rehmer, HHC Senior Vice President for Behavioral Health; Adrienne Bentman, MD, Director of the IOL Residency Program; and Jeff Shelton, MD, Chair of Psychiatry at Middlesex Hospital.

The event was established by Sam Silverman, MD, ASAM Connecticut Chapter President and Rushford Director of Medical Education, and is held in association with ASAM, CSMS, and the Rushford and Yale Fellowship Journal Club.

This year's winners were:

■ **First place (\$1,000):** Long Term Opioid Therapy for Pain: Dependent or Addicted?, by Ajay Manahapra, MD, Veterans Administration Fellow in Addiction Medicine.

■ **Second place (\$500):** Walking the Tightrope, Treating Pain in the Patient with Substance Use Disorder, by Jenna Butner, MD, Yale ABAM Fellow.

■ **Third prize (\$250) tie:** Hidden Dangers of a Controversial Addiction: Obesity and Anesthetic Management, Christine Shapter, MD, Psychiatry Resident, Institute of Living; York Jiao, MD, Anesthesia Resident, University of Connecticut; Maureen E. Czick MD, Faculty Advisor Integrated Anesthesia Associates, Hartford Hospital.

■ **Third prize (\$250) tie:** The Illness Behind Addiction, by Teofilo E. Matos Santana, MD, Yale Department of Psychiatry.



Dr. Sam Silverman, CT ASAM President and Director of Medical Education at Rushford, left, discusses a project with contestant Michael Gillespie, IOL resident, rear; and Pat Rehmer, guest judge, right.

Webb students visit Hartford Youth Renaissance art show

Students from the Grace S. Webb Schools in Hartford and Cheshire this week visited the 42nd Hartford Youth Art Renaissance, on view at the Wadsworth Atheneum and the Hartford Public Library. This yearly program celebrates 100 exemplary artworks created by students in kindergarten through grade 12.

This Art field trip for students from the Webb children's and middle school programs allows them to become better

acquainted with students at their respective campuses and with artwork by their peers. Past field trips have taken Webb students to experience art at the New Britain Museum of American Art and the Mattatuck Museum in Waterbury.

The Hartford Youth Art Renaissance continues through this Sunday. For more information, visit <http://thewadsworth.org/education/hyar/>

IOL greenhouse up and growing again

Just in time for the holiday weekend and the summer growing season, the IOL greenhouse reopened yesterday with a sale of flowering plants, herbs, vegetables and cacti.

All plants for sale in the greenhouse are cared for by IOL clients working in the program. The greenhouse salesroom is open each Monday, Wednesday and Friday from 11:30 a.m. to 1 p.m. They are currently seeking volunteers to help expand their house. If you are interested, please contact **laura.mathews@hhchealth.org**.



Ritu Sharma from the IOL's Olin Center browses the plant selection



Above: The IOL's Laura Mathews, left, manager of Vocational Services, and Patricia Wardwell from Rehab Services outside the newly reopened greenhouse. Left: Recent growth inside the greenhouse.

Clinical trial study participants needed

In addition to direct clinical services to patients, Hartford Hospital's Institute of Living supports and augments its clinical excellence through research at the Olin Neuropsychiatry Research Center; the Anxiety Disorders Center/Center for Cognitive Behavioral Therapy (CBT); the Braceland Center for Memory and

Aging; and the Burlingame Center for Psychiatric Research and Education.

As part of the research taking place at IOL, volunteers are needed to help with numerous clinical trials including: Adolescent Schizophrenia, Pediatric and Adolescent Bipolar Disorder, Pediatric and Adolescent Depression, Adult Gen-

eralized Anxiety Disorder, Adult Major Depressive Disorder, Adult Bipolar Disorder and Schizophrenia, Schizophrenia and Autism Research, Alcoholism, Teen Depression and Alcoholism.

For more information and greater details about these clinical trials, go to <http://bit.ly/1EkaZFc>.

Family Resource Center Support Groups

The IOL Family Resource Center (FRC) holds regular support groups. All programs are free of charge and, unless otherwise noted, are held in the Massachusetts Cottage, First Floor Group Room at the IOL Campus, 200 Retreat Ave., Hartford. For additional information on these support groups, please contact the FRC at **860-545-7665** or **860-545-1888**. The upcoming IOL FRC Support Group schedule is as follows:

- **Social Support Group — LGBTQ Issues (Lesbian/Gay/Bisexual/Transgender/Questioning).** *May 27, June 10, June 24, (Second and fourth Wednesday of each month), 5 – 6:15 p.m. in the Center Building, Young Adult Service Group Room.* Support group for 16- to 23-year-olds who identify LGBTQ issues as being prominent in their lives. The goal is to discuss support strategies to manage life challenges.
- **Dementia Support/Educational Group Meeting.** *June 2 (First Tuesday of each month), 11:30 a.m. to 12:30 p.m. in the Donnelly Conference Room, First Floor.* Please join us as we bring together experts and those who want guidance, direction, and support through this journey. Let's work together, help each other and exchange ideas. Space is limited — reservations are required by calling **860-545-7665**.
- **Survivors Of Suicide Group.** *June 3 (First Wednesday of the month), 7 – 8:15 p.m. at the Hartford HealthCare's Avon Satellite Location, 100 Simsbury Road, Second Floor Suite.* For those who have lost someone close to them by suicide. Please call the RSVP numbers with questions or concerns. **860-545-7716** or **860-545-7665**.
- **Support Group For Families Dealing With Major Mental Illness.** *June 4,*
- June 18 (First and third Thursday of each month), 5:15 - 6:30 p.m. in the Center Building, First Floor Conference Room.* For family and friends of individuals who have schizophrenia, bipolar or other related disorders.
- **Sibling Support Group.** *June 4, June 18 (First and third Thursday of each month), 5:15 - 6:30 p.m. in the Center Building, First Floor Conference Room.* This group will provide support for siblings of those struggling with mental illness, create a safe place to discuss and process feelings, and connect with others.
- **Substance Use Educational And Support Group.** *June 11 (Second Thursday of each month), 4 – 5 p.m.* For family members impacted by loved ones with substance abuse.
- **Anxiety Disorders: An Introduction.** *June 16, 6:30 – 7:45 p.m.* This lecture is for families and friends of individuals who have an anxiety disorder or a related disorder. Participants will acquire a basic understanding of anxiety disorders, their treatments and specific suggestions to help them better cope with the illness.
- **Peer Parent Support Group For Those With Children On The Autism Spectrum.** *June 17 (Third Wednesday of each month), 6– 7 p.m.* Facilitated by Goviana Morales, Family Resource Center Peer Volunteer and parent of a child on the autism spectrum. This group is open to any parent who has a child on the spectrum.
- **Bipolar: An Introduction To The Disorder.** *June 23, 6:30 – 7:45 p.m.* This program is for family and friends of individuals who have bipolar or a related disorder. It will present a basic understanding of the disorder, its treatment, along with specific suggestions to help family members and friends better cope with the illness.
- **Schizophrenia: An Introduction To The Disorder.** *June 30, 6:30 – 7:45 p.m.* This program is for family and friends of individuals who have schizophrenia or a related disorder. It will present a basic understanding of the disorder, its treatment, along with specific suggestions to help family members and friends better cope with the illness.



HHC&Me
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Hartford
HealthCare

My Future Online
One site.
Everything you need to understand
your retirement benefits and plan
for the future.

Coming to a screen near you on April 27, 2015
at hhcandme.ehr.com.

Crawford recognized as Gold Medal Manager

Natchaug Facilities Manager Scott Crawford, left, gets his award from Senior Vice President for Behavioral Health Services Patricia Rehmer.



Scott Crawford, Manager of Natchaug Facilities, was recognized as a Hartford HealthCare Gold Medal Manager for the Behavioral Health Network.

The Gold Medal Manager Award occurs every two months and recognizes nominated managers who embody the H3W Leadership Behaviors. Ten finalists are selected and a panel of senior leaders select three winners.

Finalists from the BHN include Melissa Monroe, Clinical Supervisor at Rushford's Glastonbury Program, and Deborah Weidner, MD, MBA, Natchaug Hospital Medical Director and Vice President of Safety and Quality for the BHN. Also nominated was Monika Gunning, Director of Adult and Community Support Services at Rushford at Meriden, and Darren Chick, Natchaug Hospital Controller.

NEW BEGINNINGS

61st Annual
Natchaug Hospital Board Reception
Tuesday, June 9, 2015

Hartford HealthCare East System Support Office,
11 Stott Avenue, Norwich, CT (across from Dodd Stadium)

Join us as we recognize members of the Board of Directors who have served Natchaug over the years.

Invited remarks by:

- Elliott Joseph, President and CEO, Hartford HealthCare
- Stephen W. Larcen, Ph.D., President of the Hartford HealthCare Behavioral Health Network and Natchaug Hospital
- Pat Rehmer, Senior Vice President for Behavioral Health, Hartford HealthCare

- 5:30 PM Reception
- 6:30 PM Program

RSVP by June 3 to:
Sherry Smardon 860.465.5910
or Sherry.Smardon@hhchealth.org

Natchaug Hospital
Connect to healthier.™

Home to roost



Students at Joshua Center Thames Valley Clinical Day Treatment School completed work on an elaborate chicken coop as part of their participation in the Youth-Works program. The chicken coop was designed, built and painted by the students under the supervision of vocational teacher Kevin Maines and will be presented to its official owner June 5.

Nadeau gains LT credentials

Congratulations to Jocelyn Nadeau, primary therapist at Joshua Center Northeast, who became a licensed therapist on May 15.



Nadeau

Nadeau was recognized earlier in the year for helping spearhead the Children's Garden H3W project that received the second annual Olga and Mervyn Little Award.

Relay For Life fundraising efforts appreciated

Recognition to Heidi, daughter of Natchaug Creative Rehab Services' Michelle Ducat, COTA/L, for raising more than \$600 for the Northeastern Connecticut Relay for Life.

Heidi, who is a sophomore at Ellis Tech, captained her high school Relay for Life team the past two years, and when her school was unable to participate, decided to individually fundraise

and participate in the event, which raised \$190,000.

Heidi was also one of only eight sophomores nominated for the National Honor Society.

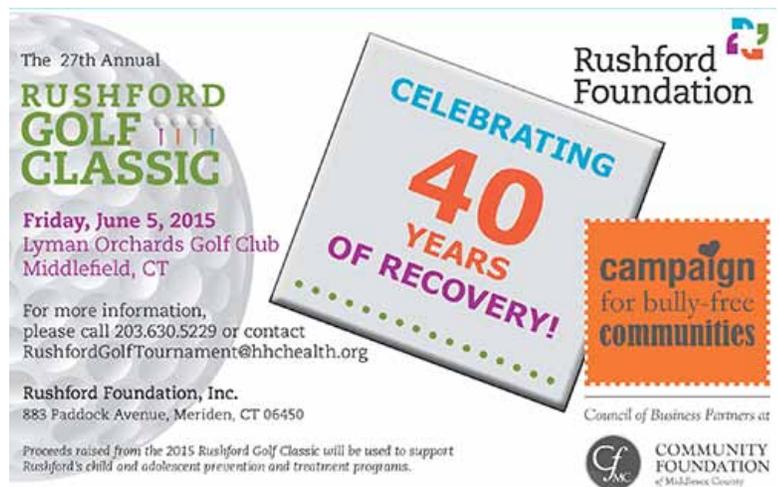
rushfordreport

Rushford Golf Tournament seeks gift baskets, raffle items

Rushford's 27th annual golf tournament takes place on Friday, June 5, and benefits our child and adolescent programming. Please consider playing golf, sponsoring or donating a raffle prize to help us make this the best Rushford Golf Classic ever! Check out more information at www.rushford.org.

In addition, the golf committee is looking for themed gift baskets from various Rushford departments to display during the event that will be raffled off during the post-golf dinner event. Please consider doing a "Movie Night," "Tea Basket," "Pasta Basket" or any other type of themed basket your department can come up with! We will award a pizza party to the department that is judged by the Recognition Committee to have "Best Theme" and "Best Presentation." Please contact paula.snedeker@hhchealth.org with any questions.

Your items/baskets must be turned in to Paula Snedeker in the Administration office at Paddock Avenue no later than 5 p.m. on Wednesday, May 27. Please take time to consider becoming involved and playing a role in this wonderful event.



The 27th Annual
RUSHFORD GOLF CLASSIC
Friday, June 5, 2015
Lyman Orchards Golf Club
Middlefield, CT

For more information, please call 203.630.5229 or contact RushfordGolfTournament@hhchealth.org

Rushford Foundation, Inc.
883 Paddock Avenue, Meriden, CT 06450

Proceeds raised from the 2015 Rushford Golf Classic will be used to support Rushford's child and adolescent prevention and treatment programs.

Rushford Foundation
CELEBRATING 40 YEARS OF RECOVERY!

campaign for bully-free communities

Council of Business Partners at
COMMUNITY FOUNDATION of Middlesex County

About BHNews

BHNews is published every Friday, except for the weeks of Thanksgiving, Christmas and New Year's. Articles for submission are due by noon on the Tuesday of the publication week.

Story ideas or submissions may be sent to carol.vassar@hhchealth.org or amanda.nappi@hhchealth.org. Articles must be submitted as a Microsoft Word document. Every effort will be made to run the article in its entirety, but due to space constraints and style requirements, editing may be necessary. Thank you. **Deadline for the next edition of BHNews is Tuesday, May 26, at noon.**

Survey planned for potential blood drive

As part of an H3W workgroup project, Rushford employees are being asked to take part in a survey to determine whether there



are enough potential blood donors to hold a blood drive at a Rushford location. The survey is

open through June 4 at: <https://www.surveymonkey.com/s/BXB7TBK>. Please direct any questions you might have to colleen.johnstone@hhchealth.org.

Preparing for summer



On Friday, May 16, Rushford Prevention Professional Lyn Connery and her Westbrook SADD (Students Against Destructive Decisions) partnered with Oxford Academy to conduct a town beach clean-up in Westbrook.

Middletown meeting is a laugh a minute

Don't be alarmed by the sound of humans squawking like angry chickens emanating from Rushford at Middletown on May 13 — that was just the Rushford adult ambulatory clinicians gathering for their quarterly development meeting. The presentation featured guest presenter Lauren Le, a certified laughter yoga facilitator.

“Research has shown that laughter can help alleviate and prevent symptoms of depression, anxiety, grief and trauma,” said Amy Di Mauro, Rushford Director of Child & Adolescent Services and Glastonbury Adult Programs. “Lauren had our staff laughing for 45 minutes, and provided tips on how to use some of her techniques as a stress reliever for themselves and to enhance their individual and group work with our clients.”

The event was the second in a series of interactive-based development meeting for Rushford adult ambulatory clinicians.

Allen presents at HHC pain symposium

Rushford Medical Director J. Craig Allen, MD, was a featured presenter at Hartford HealthCare's pain management symposium, Broadening Our Perspective on Pain Relief: A Multidimensional Approach, on Thursday, May 14, at Hartford Hospital's Heublein Hall. Dr. Allen's presentation is entitled, “Pain Management in the Patient with Psychological Co-Morbidities.”



Generating Ideas Since 2012

You're Invited to Rushford's
3rd Annual
H3W Anniversary Celebration and Employee Appreciation Event

Featuring:
H3W Leadership Behavior Awards
Completed H3W Project Awards
Free picnic lunched served by Rushford Leadership!

Paddock Avenue Cafeteria- May 27th 11:30 am-1 pm
 Silver Street Cafeteria- May 29th 11:30 am-1 pm

No RSVP required. Come and enjoy!

Rushford
Connect to healthier.

■ **Now through May 25:** *The Talking Cure Project: An Interactive Exhibit* by artist Melissa Stern, Real Art Ways, 56 Arbor St., Hartford. With a background in anthropology, artist Melissa Stern has collaborated with 24 writers, poets, novelists, screenwriters, playwrights and actors to create art that inspires audiences to upload their own narratives on-site. Sponsored by Hartford Hospital's Institute of Living and Hartford HealthCare's Behavioral Health Network. For more information, visit www.realartways.org.

■ **Tuesday, May 26 from 5:30 - 7:30 p.m.:** *Compassion Counts: Addiction and Recovery Across the Lifespan*, Middletown High School, 200 LaRosa Lane, Middletown. A community conversation to listen, learn and work together to support mental wellness and meaningful action. Sponsored in part by Rushford and featuring Tim Harmon, a patient in recovery. This event is free. Registration requested. To register, please visit <http://bit.ly/1Gg1d10>. For more information, please contact amy.dimauro@hhchealth.org.

■ **Thursday, May 28 from noon – 1:15 p.m.:** IOL Grand Rounds: Resident Presentation by Heather Forouhar-Graff, M.D., PGYIV

■ **Thursday, June 4 from noon – 1:15 p.m.:** IOL Grand Rounds: Resident Presentation by Heather Forouhar-Graff, M.D., PGYIV

■ **Friday, June 5, noon shotgun start; dinner at 5 p.m.:** The 27th annual Rushford Golf Classic, Lyman Orchards Golf Club, Middlefield. To become a sponsor, to golf or to attend

the dinner, sign up today at <http://bit.ly/1NFpyu0>. Co-sponsored by the Community Foundation of Middlesex County. Proceeds support child and adolescent prevention efforts and naloxone rescue kits. For more information, please call 203-630-5229 or email RushfordGolfTournament@hhchealth.org.

■ **Thursday, June 11 from noon – 1:15 p.m.:** IOL Grand Rounds: “*Mind, Brain and Body in the Healing of Trauma*” with Bessel van der Kolk, MD, Medical Director, The Trauma Center, Boston, Professor of Psychiatry, Boston University Medical School



2015 VOLUNTEER REGISTRATION Hartford HealthCare

How to Register:

- Go to www.TravelersChampionship.com/Volunteers
- Select REGISTER NOW (red button below photo)
- Select REGISTER HERE (green button at top left of page)
- Click the “Select” button next to **Hartford HealthCare Volunteer**
 - A box will appear to enter a promotional code
 - Enter the code **healthcare2015**
 - Click the “Validate” button next to the code you just entered
 - Then click the green “Continue” button at the bottom of the page
- On the next screen you will create a username and password
 - **IMPORTANT NOTE: If you have volunteered in past years, you will need to re-establish a username and password. You can use the same username and password you have used in the past, but you need to re-establish it. Account information is not held over from year to year.**
 - Click “CHECK USERNAME” to check availability
- Once your username has been verified, proceed through the registration questions on the first two pages
 - When you select your volunteer (committee) preferences, please note that Hartford HealthCare employees are required to sign up for at least one shift in the Volunteer Villa
- On the third page, under “Current Items,” you will see (1) Hartford HealthCare package selected. As a thank you for volunteering, Hartford HealthCare will be covering the cost of your package.
- Click the green “Continue” button at the bottom of the page to complete your registration
 - You will receive an email to the address you provided in your registration:
 - a) To verify when your registration is complete
 - b) When you have been assigned to a volunteer committee and/or when you have been assigned specific shifts for a committee

Your Volunteer Package Includes:

- Official Travelers Championship golf shirt
- Official Travelers Championship hat or visor
- (1) weekly VOLUNTEER grounds admission – *valid multiple days and on days you are not volunteering*
- (1) weekly GROUNDS admission – *may be used for friends/family and multiple days*
- Lot B parking pass, valid for each day of volunteering
- Complimentary meal for shifts worked
- Invitation to the Volunteer Party on Saturday of tournament week
- Hartford HealthCare reusable water bottle and other great items!

For descriptions of the different volunteer committees go to www.TravelersChampionship.com/Volunteers:

- Click the red “Committees” button below the photo

JUNE 22-28, 2015 | TPC RIVER HIGHLANDS | CROMWELL, CT



The Treasure Trove is a free classified ad section for the benefit of Behavioral Health Network employees, retirees, medical staff and volunteers.

We welcome your submissions, which you can submit by emailing carol.vassar@hhchealth.org or amanda.nappi@hhchealth.org.

The deadline for submissions to be included in each Friday's BHNews is Tuesday at noon. BHNews will include community events for not-for-profit organizations that are open to the public and free of charge. We do not accept ads for real estate, firearms or personal ads. Please do not list hospital phone numbers or hospital e-mail addresses for responses.

You must submit your item weekly if you want it to appear more than one week.

FOR SALE

2001 HARLEY DAVIDSON SPORTSTER 883 — Forward controls, custom paint. 14,000 miles. \$4,200 or best offer. Call **860-334-1581**.

1977 F150 — 400CI motor, 4WD solid truck, three-speed automatic, very little rust, needs paint one small dent, like new tires. 107,000 miles, runs mint. Call/Text **860-377-9913**.

CHILDREN'S BIKES — One girl's bike in light blue, one boy's bike in black, both are Trex brands, barely used, just outgrown, \$50 per bike. Call **860-639-9026**.

AREA RUG — 4-foot-by-6-foot, wool, pretty pattern, asking \$50. Call **860-639-9026**.

POOL ACCESSORIES — Self closing ladder with lock, new Hayward Pump, filter, hoses, skimmer, water testing kit, all for \$200, pictures available. Call **860-608-5004**.

GE PROFILE MICROWAVE — White GE Profile Series, 2.1 cubic foot, over-the-range sensor, one rack, \$225 or best offer, excellent condition. Call **860-887-7459**.

MUSICAL INSTRUMENTS/ACCESSORIES — Dean acoustic electric Koa guitar with deluxe hard case and Dean 25W amplifier, \$500. Mastercraft "F" Style mandolin with deluxe hard case, \$300. Yamaha keyboard with stand and seat, \$100. All in excellent condition. Gibson Learn and Play Guitar, DVD/CD connections for amplifier, \$25. Capo, \$15. Metronome, \$15. Instructional CDs/DVDs, songbooks, sheet music, portfolios, guitar cleaner, string cleaner, \$10, two sets of extra guitar strings, \$20 and much more. Call **860-591-1761**.

MISC ITEMS — Moving sale, tools, lawn equipment, Black and Decker Trimmer, large Thermos cooler, fishing poles, Pentax camera. Call for prices at **860-822-1280**.

EVENTS

MISSION TRIP YARD SALE FUNDRAISER — Saturday, May 23, 9 a.m. to 4 p.m. at 90 Lamphere Road, Mystic. Quality items, Bake sale, Jamberry nails, all proceeds fund mission trip to Myanmar.

CHAMBER MUSIC AT CHRIST CHURCH — Sunday, May 24, 3 p.m. at Christ Episcopal Church, 78 Washington St., Norwich. Presenting The Life of Orpheus, an improvised organ symphony in five movements. Jesse N. Glaude, Director of Music will perform, admission is free, donations to support the series will gladly be accepted. Visit www.ccsarts.org or call **860-425-0663**.

VOLUNTEERS NEEDED

for

"A DAY IN THE LIFE"

Your help is needed to serve as mock patients for the various scenarios that staff will be testing with regard to patient flow in the new inpatient psychiatry unit (EW3) at The Hospital of Central Connecticut, which is set to open this spring.



Wednesday, June 10, 2015

4 to 7:30 p.m.

**The Hospital of Central Connecticut
New Britain General Campus, EW3**

Refreshments will be provided

If you are interested, please e-mail:
Danielle Siedsma, Administrative Assistant
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