

Things your family and visitors can do to promote your safety:

- Bring in glasses, hearing aids and safe shoes.
- Share with staff any history of falls or confusion or if they notice new confusion or dizziness in the patient.
- Call a staff member to the room if the patient needs repositioning or assistance to the bathroom.

DO NOT ASSIST THE PATIENT YOURSELF

unless the staff has determined that the patient is safe to walk without staff assistance.

- Never turn off an activated bed or chair notification device.
- Encourage the patient to perform bed and chair exercises as directed by the staff.

Home Safety:

Chances of experiencing a fall are increased during the first month after a hospital stay.

For more information on home safety, talk to your nurse or provider.



Patient information

Preventing Falls

Falls are the leading cause of injury for patients in any hospital.

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