

COVID SAFETY AT SUMMER CAMP.



Summer camps are back! But COVID-19, including more contagious new variants, is still a danger, so it's important to know the facts about protecting campers of all ages. Here's advice from our experts to keep in mind:

ALL ELIGIBLE CHILDREN 12 AND UP SHOULD BE VACCINATED. Pfizer's vaccine is authorized and safe for those ages, and is currently the best way to keep your child safe from COVID.

COVID IS A HEALTH RISK FOR CHILDREN. While most kids do not become seriously ill from COVID, a small number do get very sick and require hospitalization. Also, children with COVID can still transmit the virus and may also suffer long-term health effects still being studied. That's why it's so important to get your child vaccinated if they're eligible.

FOR SPECIFIC RECOMMENDATIONS REGARDING WEARING MASKS OR NOT, follow your camp's guidelines.

BEING OUTSIDE IN THE FRESH AIR is still one of the safest environments for reducing the risk of catching COVID, so summer camps with plenty of outdoor activities are recommended.

CAMPERS SHOULD BE DIVIDED INTO CONSISTENT GROUPS, or "cohorts," of no more than 20 children that stay together each day and do not change.

GROUP CAMP ACTIVITIES, LIKE DINING, SHOULD BE STAGGERED when possible to avoid very large mass gatherings of campers.

If your children are planning on attending camp this summer, we hope they have a very fun — and safe — time! Visit ConnecticutChildrens.org/NextNormal for more information.

