



Dementia Caregiver Support Group



Caregiver support groups provide a safe and supportive environment in which dementia caregivers have the opportunity to connect with peers. The goal of a support group is to encourage an open dialogue among peers to discuss challenges, share stories, and exchange strategies within the context of caring for a loved one with Alzheimer's or a related dementia.

Caregiver support groups are co-facilitated by trained, certified dementia practitioners and are held once per month. The caregiver support group is open to the community and **registration is required.**

Second Thursday of each month: Feb 13, Mar 12, Apr 9, May 7, June 11, July 9, Aug 13, Sept 10, Oct 8, Nov 12, Dec 10

10:30am – 11:30am

Hartford HealthCare - Excellence Room 2, second floor
1290 Silas Deane Highway
Wethersfield, CT 06109

Facilitated in partnership by:
Adrianna Foreman, LCSW, CDP of the HHC Memory Care Center and
Michelle Wyman, LSW, CDP of the HHC Center for Healthy Aging

Please RSVP by calling (860) 545-7550

