Hartford HealthCare Unveils the Future of Orthopedic Care

Bone & Joint Institute brings together leading experts, advanced technology and integrated care in a specialized setting

On Nov. 15, Hartford HealthCare unveiled its all-new $150-million Bone & Joint Institute at Hartford Hospital, culminating years of planning and construction. The facility, New England’s only orthopedic specialty hospital, will offer an immense range of surgical procedures, new technologies and amenities in one location.

The ribbon-cutting ceremony, attended by more than 350 people, highlighted the future of orthopedic care, which officially begins when the institute opens on Dec. 19.

The institute was designed with patients’ diverse needs in mind — from those who need emergency or complex orthopedic surgeries to Baby Boomers seeking quality of life, seasoned athletes looking for an added advantage and weekend warriors wanting relief from nagging injuries.

Two parts that work together

The facility has two distinct parts. The 130,000-square-foot inpatient hospital features 48 private patient rooms, eight operating rooms, outpatient rehabilitation and wellness areas.

Connected by a skywalk is a 75,000-square-foot outpatient surgery center and medical facility with three outpatient surgery rooms, offices for orthopedics, rheumatology and musculoskeletal specialty care, and an auditorium for conferences that can double as a classroom.

The center has been designed to include unique spaces for physical rehabilitation, training and education, a motion lab, a healthy eating demonstration kitchen and meeting space to accommodate a wide range of support groups and community education offerings aimed at helping keep people healthy before, during and after surgery.

Continued on page 4
Institute of Living Introduces Forensic Service

It’s not “CSI” yet, but it’s a start.

Identifying a growing need in medical, legal and academic circles, the Institute of Living is launching a forensic psychiatry program that will offer psychiatric expertise in a variety of civil, criminal, and legislative areas.

The new Forensic Consultation Service provides specialized services such as risk assessment, evaluations for competency to stand trial, disability assessments, fitness for duty evaluations (including worker’s compensation evaluations), criminal state-of-mind evaluations (e.g. not guilty by reason of insanity and extreme emotional disturbance defenses), evaluations of sex offenders, determination of testamentary capacities, immigration and asylum evaluations, and independent evaluations of habeas corpus petitions.

“We are recognizing this as a valuable service that is becoming more in demand,” said John Bonetti, DO, an IOL psychiatrist and associate director of the new service.

As an example of the services provided, Dr. Bonetti recently completed a lengthy evaluation of a person who had filed a claim against an employer after undergoing a traumatic experience in the workplace. Dr. Bonetti was asked to determine if the employee’s psychiatric issues could be directly linked to the workplace incident, or if the employee was already exhibiting symptoms beforehand.

Cases such as this, which involve civil claims, will make up the bulk of the new service’s workload as it establishes itself and builds a reputation, Dr. Bonetti said. In time the service hope to expand its programs to include more work in criminal cases, offering psychiatric expertise and other services to law enforcement or prosecutors conducting investigations.

“I think when many people hear the word ‘forensic,’ they instantly think of the “CSI” television shows and that kind of thing, but there is actually a need for this kind of service in a broad range of civil and criminal legal settings,” he said.

The American Academy of Psychiatry and the Law describes forensic psychiatry as, “a subspecialty of psychiatry in which scientific and clinical expertise is applied to legal issues in legal contexts embracing civil, criminal, and correctional or legislative matters.”

Along with Dr. Bonetti, who completed an advanced residency in forensic psychiatry at Yale University, the new service will benefit from the expertise and experience of IOL Psychiatrist-in-Chief Harold I. (Hank) Schwartz, MD and IOL psychiatrist Peter M. Zeman, MD, who is board-certified in forensic psychiatry.

The goal is for the service to become a launch pad for education of staff, trainees and patients, advocacy and policy work, academic publications and presentations, community work within the legal field and law enforcement. In addition, the service hopes to work closely with training psychiatrists, sparking interest in the field and aiding the development of some of the skills needed to practice in this sub-specialty.

Hartford Healthcare named to list of “Great Places to Work”

Connecticut Magazine has selected Hartford HealthCare as one of Connecticut’s “Great Places to Work.” Only 17 organizations were selected for the final cut, and HHC is the only healthcare organization to be honored.

Being named one of Connecticut’s great workplaces is a testament to HHC’s more than 18,000 employees who have a passion for safety and caring.

The magazine arrived at its list of best work places independently, with no entry fees or ballots. Editors say they sought suggestions through the magazine, its website and on social media. They talked with employment professionals and did research on each company.

IOL psychiatrist John Bonetti, DO, is associate director of the new IOL forensic psychiatry program.
Here is a roundup of stories from around the system that you can find on our HHC Connect intranet. Click the links to read more.

**A Walk to Remember**
More than 200 Hartford HealthCare employees participated in the Walk to End Alzheimer’s held at Rentschler Field in East Hartford on Oct. 16. [Read more](#).

**Welcome to Windham**
The Hartford HealthCare Center for Healthy Aging at Windham Hospital hosted more than 100 staff and community members on Oct. 20 for a ribbon-cutting to celebrate the official opening of new services at Windham. [Read more](#).

**From Baltimore to Burlingame**
Dr. Steven S. Sharfstein, retired president and CEO of the Sheppard Pratt Health System in Baltimore, was named the 29th recipient of The Institute of Living’s C. Charles Burlingame, MD, Award, one of the most prestigious annual psychiatric health awards in the nation. [Read more](#).

**Warm Welcome**
Dr. Peter Yu, physician in chief for the Hartford HealthCare Cancer Institute, was honored during a welcome reception Nov. 1, 2016. [Read more](#).

**Totally New**
Dr. Paul Murray, orthopedic surgeon at Hartford Hospital, performed the first total knee replacement using the RIO® Robotic Arm Interactive Orthopedic System, or MAKOplasty. [Read more](#).

**When it Matters Most**
Hartford Hospital launches a new TV and radio advertising campaign. [Read more](#).
helping keep people healthy before, during and after surgery.

“The Bone & Joint Institute is a game-changer for patients, for Hartford and for our state,” said Jeffrey Flaks, Hartford HealthCare’s president and chief operating officer. “There is nothing like it in the region, and there are only a few facilities like it anywhere in the country. It will transform care as we know it, and clearly differentiate Hartford HealthCare as the destination for orthopedic care in New England — and, we believe, beyond.”

**Advancing health and the economy**

The institute, constructed on vacant land on Seymour Street, connects directly to Hartford Hospital’s main building.

The new facility is a prime example of how healthcare can be a boon to the local economy and improve Hartford HealthCare’s ability to recruit top physicians and clinicians to the state, enhancing the healthcare reputation of both Hartford and Connecticut.

“We are proud to be a major contributor to the economic growth of the city of Hartford and the state of Connecticut,” said Elliot Joseph, Hartford HealthCare’s chief executive officer. “We are creating jobs and bringing people to Connecticut for their health care through this investment. The solution to our state’s economic challenge must include job growth. Many other parts of our country have recognized the strength and growth of the broadly defined healthcare sector to achieve economic vitality.”

Hartford Hospital is partnering with Orthopedic Associates of Hartford to oversee the Institute. Orthopedic Associates, with 30 fellowship-trained orthopedic surgeons, is the largest orthopedic group in the region.

Learn more at [https://hartfordhospital.org/services/bone-joint-institute](https://hartfordhospital.org/services/bone-joint-institute).

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**Train like an Olympian!**

**The Hartford HealthCare Bone and Joint Institute will help athletes reach their greatest potential**

**Defy Gravity:** The AlterG anti-Gravity Treadmill enables athletes to train harder and enhance their physical therapy experience while rehabilitating from a sports-related injury.

- Undertake more challenging rehab programs, helping achieve better results and return to competition in a shorter time-frame
- Increase training volume, without increasing their risk of injury
- Recover faster after a game, race, or hard workout – “active recovery”
- Track progress clearly and easily
- Develop the confidence to push yourself harder during training and rehab

**Breathe Easy:** Some people are born with a naturally high aerobic capacity, while others aren’t. But everyone can increase his or her VO2 max through proper training. With a consistent, progressive workout program, you can:

- Boost aerobic capacity
- Make the heart more powerful
- Increase blood volume
- Generate new capillaries and more

**Not all motion analysis is the same**

- Our Biomechanist can survey your stride and get you running faster with a high-tech motion lab.
- Motion capture technology incorporating ground force reaction and electromyography instrumentation with Visual3D biomechanics software.
- At the Hartford Hospital Bone and Joint Institute we use computerized, three-dimensional motion analysis to synchronize movement with kinetic or joint force measurements which is not available with other motion labs.

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**Hartford HealthCare New Bone and Joint Institute**

**By The Numbers**

- **Dec. 19, 2016** Official opening
- **130,000** Square feet
- **48** private in-patient rooms
- **1st** of its kind in New England.
- **8** Operating Rooms
- **5** Floors
Courtland Lewis, MD

Title: Physician-in-Chief, Hartford HealthCare Bone & Joint Institute at Hartford Hospital
My job is to: first, be a good doctor and, secondly, oversee an exciting new musculoskeletal hospital-clinical program on the Hartford Hospital campus.
High School: Woodstock, Vt.
Degree(s) from: Bates College (undergraduate BS), University of Vermont (MD), University of Maryland/Shock Trauma (orthopedic residency) and Johns Hopkins University (adult reconstructive fellowship).

Major: I was a premed Chemistry major as an undergrad.
Home (is where the heart is): I am a Vermonter at heart but after 30 years, I feel right at home in the Nutmeg State.
Which of the 10 H3W Leadership Behaviors would you like to get better at this year and why? For me, #5. Respect & Leverage Separate Realities, is a challenge as we work to make our vision of the Bone & Joint Institute a reality.

10+ Questions

1. What did you want to be when you grew up? My Dad and grandfather were engineers but I somehow knew I wanted to be a physician from age 8.
3. A successful day at work is when I hear from a patient that I have made their life better.
5. What is your best achievement? Having my three children grow up to be really great people.
6. What do you do for fun? We are an outdoors family and most anything in fresh air works for me.
8. What book are you currently reading? “David & Goliath” by Malcolm Gladwell – I really appreciate his alternative interpretations of what we see around us every day. I’m also reading “The Bully Pulpit: Theodore Roosevelt, William Howard Taft and the Golden Age of Journalism” by Doris Kearns Goodwin – interesting to put today’s politics in context (but it’s 900 pages . . . )
9. TV show you hate to miss: Can’t think of one I couldn’t do without . . .
10. What makes you angry? People who don’t do what they say they will do.
11. Top of your bucket list? I don’t believe in “bucket lists” . . . there are just too many great places to visit and things to do in the world.
Headache Center comes to MidState Medical Center

Specialized services for the management of headache are now available at MidState Medical Center in Meriden, with the addition of Hartford HealthCare Medical Group providers Dr. Abby Chua and Renee Kane, APRN. The MidState office, part of the Hartford HealthCare Headache Center, offers excellence in diagnosis and treatment of headache disorders, helping patients minimize pain and increase their ability to function.

The HHC Headache Center was established in Wethersfield and West Hartford under the leadership of Medical Director Dr. Brian Grosberg. Dr. Chua, a board-certified neurologist who specializes in headache medicine, leads the practice at MidState. Contact the MidState Headache Center at 860.696.2925.

Hand Hygiene UPDATE

HHC is on a journey toward hand-hygiene compliance. Our goal is 90 percent compliance at each hospital. Check out our scores for the month of October:

<table>
<thead>
<tr>
<th>Hospital</th>
<th>Compliance</th>
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<tbody>
<tr>
<td>HHC</td>
<td>98%</td>
</tr>
<tr>
<td>MidState</td>
<td>98%</td>
</tr>
<tr>
<td>Backus</td>
<td>99%</td>
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<tr>
<td>Windham</td>
<td>98%</td>
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<tr>
<td>HHCC</td>
<td>98%</td>
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<tr>
<td>HH</td>
<td>99%</td>
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</tbody>
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Our Moment

Elliot Joseph’s New Multimedia HHC Intranet Blog

His ideas, insights, life — and your stories

I want to start a conversation about Hartford HealthCare’s vision, and how we’re bringing it to life for people across Connecticut.

— Elliot Joseph
Professional Billing Department “Fun Rangers” Crusade for Good Causes

Hartford HealthCare’s Professional Billing staff is usually pretty busy collecting money owed to HHC. But in between serious business, the group is having some fun and paying it forward.

Led by a group of unsung heroes who call themselves the Fun Rangers, staff members make a donation each week for the privilege of wearing jeans to work on Fridays. Each month, the group chooses a cause and passes along the proceeds.

Thanks to HHC’s Professional Billing staff, contributions have been made to the following organizations:

<table>
<thead>
<tr>
<th>Month</th>
<th>Organization</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sep-15</td>
<td>Sickle Cell</td>
<td>$169</td>
</tr>
<tr>
<td>Oct-15</td>
<td>Alzheimer’s</td>
<td>$229</td>
</tr>
<tr>
<td>Nov-15</td>
<td>Scholarship America</td>
<td>$195</td>
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<tr>
<td>Dec-15</td>
<td>Toys for Tots</td>
<td>$120 + donation of toys</td>
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<tr>
<td>Jan-16</td>
<td>Mary’s Kitty Corner</td>
<td>$240</td>
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<tr>
<td>Feb-16</td>
<td>American Heart</td>
<td>$195</td>
</tr>
<tr>
<td>Mar-16</td>
<td>March of Dimes</td>
<td>$296</td>
</tr>
<tr>
<td>Apr-16</td>
<td>Charlie Fund</td>
<td>$315</td>
</tr>
<tr>
<td>May-16</td>
<td>Masonicare</td>
<td>$286</td>
</tr>
<tr>
<td>Jun-16</td>
<td>Kids Café</td>
<td>$285</td>
</tr>
<tr>
<td>Jul-16</td>
<td>IOL</td>
<td>$185 + 6 boxes of school supplies</td>
</tr>
<tr>
<td>Aug-16</td>
<td>St. Jude’s</td>
<td>$170</td>
</tr>
</tbody>
</table>

**TOTAL** $2,685

The Fun Rangers are led by physician billing representatives (L-R) Misty Beaudry, Jennifer Lionetti, Linda Pandolfo and (not pictured) Jen Mathis.

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**2015-2016 was another great year for Hartford HealthCare**

**Coming Events**

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**Holidays All Wrapped Up:** Save time and have your gifts wrapped at Westfarms Mall. Gifts can be wrapped for $3 a package, with proceeds to benefit the Hartford HealthCare Movement Disorders Center.

**A Surgical Masterpiece:** Take a break from shopping to visit the Hartford HealthCare Rest & Relaxation Wellness Lounge from **11 a.m. to 5 p.m., December 4** for a demonstration of the deVinci surgical robot. Learn how surgeons use the robot and take your own test drive and simulate surgery.

**Music to Your Ears:** Infinity Hall tickets make a great holiday gift! HHC Employees can get an exclusive 15% discount on most shows at Infinity Hall Hartford and Infinity Hall Norfolk. Visit [www.infinityhall.com](http://www.infinityhall.com) for a list of the shows and to order tickets. Enter the code HHC MUSIC to receive the discount. Or visit the box office and show your HHC badge.

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**Network News** is a monthly publication produced by Hartford HealthCare. Please send story ideas to networknews@hhchealth.org. We will make every effort to consider your story idea, but due to space constraints, editing may be necessary.

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Have you heard the news?
Introducing Hartford HealthCare’s news hub

Hartford HealthCare’s new online health news site delivers lively, informative and useful health news in a whole new way. Look for print, video and audio stories produced by HHC’s News Service, as well as timely tips on nutrition, fitness, health and wellness, and medical innovations.

Don’t miss a single story!
Read the latest health news or sign up for our e-newsletter at: healthnewshub.org

the CHECKUP

A monthly digest of important projects and initiatives that are transforming Hartford HealthCare so we can shape the future of healthcare in our region.

Coming to the Hospital of Central Connecticut on April 1, 2017: CareConnect & PeopleSoft – Systemwide Edition

What is it?:
• CareConnect uses the Epic electronic health record to share patient information across the system, transforming the way we provide care
• PeopleSoft 9.2 for Supply Chain Management, Finance/Accounts Payable and Human Resources standardizes operations for a seamless employee and patient experience

Next milestone: Extensive and targeted training will be announced soon.

What you need to know: Backus Hospital will complete a similar transition in October 2017. These transitions will coordinate patient experience across HHC to achieve our vision and deliver the Five Ones.

Congratulations to Hartford Hospital

Hartford Hospital

has been named a 2016-2017 Consumer Choice Award winner by the National Research Corporation. The annual award identifies hospitals across the United States that healthcare consumers choose as having the highest quality and image.

Read more.
This month, Hartford HealthCare observed Compliance Week with special activities to shed light on the importance of protecting patient privacy and upholding professional ethics. To learn more, Network News sat down with HHC’s chief privacy officer, Cynthia Snyder. Snyder joined HHC last March after 14 years in Charlotte, N.C. She is bracing for her first Connecticut winter.

**NN: Why is protecting privacy so important?**
**CS:** If we collect it, we must protect it. As long as we have human beings in the process there are going to be mistakes. My job is to build people’s awareness around the types of things that could happen when you are not paying attention.

**NN: How do you get people to start focusing on privacy all the time?**
**CS:** A good way to think about it would be: “Would I want somebody to talk about my mom that way?” A simple way to prevent that is to never talk about patients in the elevator, for example.

**NN: What about safeguarding protected health information, such as patient records?**
**CS:** Would you leave your credit card sitting on a table in a restaurant? Then why would you leave protected health information sitting out in the open?

**NN: Why should employees care about protecting privacy?**
**CS:** Out of respect for our patients, out of respect for HHC’s reputation and brand. Our patients trust us to keep their information private.

**NN: You are new to the organization. How would you like to reinforce the privacy message for our staff?**
**CS:** I hope to be able to be looked at as a resource. If there’s a question, it’s much easier for us to solve it, rather than being punitive. We cannot be a resource if people are afraid of us.

**NN: What can HHC employees do if they’d like to learn more about privacy issues?**
**CS:** Call the Office of Compliance, Advocacy and Privacy main number (860.972.1573) or call me directly at 860.972.9787.

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### Research Round-up

- **Dr. Godfrey Pearlson**, director of the Olin Neuropsychiatry Research Center at the Institute of Living, has been awarded a grant from the National Highway Traffic Safety Administration (NHTSA) to examine roadside testing of cannabis (marijuana) impairment. Participants will be admitted to the Clinical Research Center (CRC) for a five-day stay and on each study day they will receive a single acute dose of cannabis (or placebo). The resulting outcomes may guide NHTSA in identifying feasible field sobriety tasks and generating cannabis related policies.

- **Kristen Zarfos**, MD, medical director of the Comprehensive Breast Health Center at The Hospital of Central Connecticut was among four researchers to receive Community Education and Clinical Research grant funding from the Connecticut Breast Health Initiative (CBHI). The grant will allow Dr. Zarfos to continue her study of breast cancer among young African-American women.

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### Thank you APRNs

This month we observed National Nurse Practitioner Week, as designated by the American Association of Nurse Practitioners. Hats off to these highly-trained professionals who contribute to clinical quality and patient experience and are invaluable members of our leadership teams.