The annual Burlingame Award was presented to Daniel R. Weinberger, MD, Director and CEO of the Lieber Institute for Brain Development at an awards dinner on Wednesday, Nov. 5, at the Hartford Golf Club.

Dr. Weinberger is regarded worldwide as a preeminent scientist in schizophrenia research, having been at the forefront of scientific investigation of this illness and related disorders for a generation. He was instrumental in focusing research on the role of abnormal brain development as a risk factor for schizophrenia, and his lab was responsible for identifying the first specific genetic mechanism of risk for schizophrenia as well as the first genetic effects that account for variation in specific human cognitive functions and in human temperament.

The following day, Dr. Weinberger presented The C. Charles Burlingame, MD, Award Lecture entitled, “Epistasis in Psychiatric Genetics: What’s Missing is Not Heritability,” at the Institute of Living and hosted a resident case conference and luncheon with teaching.

Continued on page 2
Connecticut Doctors’ Orchestra seeks new members

Are you a string player looking to get back into performing in an orchestra with other like-minded health care professionals? The Connecticut Doctors’ Orchestra (CDO), which rehearses at the Institute of Living and boasts several HHC employees in its ranks, is seeking new members.

Co-founded in November 2008 by the IOL’s Karen Blank, MD and the Hospital of Central Connecticut’s Latha Dulip-singh, MD, the CDO is comprised of health care and medical science professionals from HHC, St. Francis Hospital and Medical Center, and the UConn School of Medicine as well as private practices and Central Connecticut State University. Most of its members are physicians, dentists, advance practice nurses, biomedical scientists, and medical and dental students, making it one of the nation’s few orchestras whose musicians work in the health field.

Under the direction of conductor Eric Dahlin, assistant principal cellist of the Hartford Symphony Orchestra, the mission of the CDO is to provide excellent musical experiences and fellowship for its members and contribute culturally to the community. Their free performances raise awareness about a number of worthy charities and solicit voluntary contributions for health-related non-profit programs, such as the Faith Mulari clinic in Uganda, the Alzheimer’s Association, breast cancer research, “Kids and Horses,” and the UConn dental students’ outreach programs.

For more information please contact Karen Blank at karen.blank@hhchealth.org, 860-545-7835 or 860-916-8715.

IOL Burlingame Award bestowed upon Daniel R. Weinberger, MD

continued from page 1

faculty.

During his lecture, Dr. Weinberger highlighted advances in the study of genetics and mental illness, and gave insight into the future of research and treatment.

“It is a tremendously exciting time to be in psychiatry,” Weinberger said. “[Genetic studies represent] a change in the landscape of what we know about mental illness. Having some insight into cause and mechanism is the next key to creating new forms of effective treatment.”

Prior to his position at the Lieber Institute, Dr. Weinberger served as head of the Genes, Cognition and Psychosis Program at the National Institute of Mental Health. He attended college at the John Hopkins University and School of Medicine at the University of Pennsylvania, and completed his residencies in psychiatry at Harvard Medical School and in neurology at George Washington University.
Victims of adult or childhood sexual assault, sexual abuse and domestic violence as well as their family members have a place where they can seek mental health treatment free of charge through the Hospital of Central Connecticut’s (HOCC) Victims Services Grant/VOCA Program.

For over six years, the HOCC Outpatient Psychiatric Department’s VOCA program has offered individual and group counseling free of charge through a grant from the Connecticut Office of Victim Services. No insurance is required or billed.

“We deal a lot with post-traumatic stress disorder and other forms of trauma that people are seeking to recover from,” said Linda McEwen, LCSW, Clinical Program Coordinator at HOCC’s Outpatient Psychiatry Department. “We focus on trauma-related symptoms. We track those symptoms and the majority of people do experience a reduction in their symptoms as a result of treatment.”

According to McEwen, patients seeking help in the VOCA program are not solely from the greater New Britain area, and may come from across the state to seek this service. Five clinicians work in the program, which served nearly 150 people in the third quarter of 2014. Both group and individual counseling is available, along with psychiatric evaluation and management, and psychotherapy.

“We have four groups specifically for this population,” McEwen said. “We also have individual therapy as needed for people.”

For more information on the VOCA Program, or to schedule an appointment, contact the HOCC Counseling Center at 860-224-5804, or email linda.mcewen@hhchealth.org.

Gingerbread House Decorating Contest

1) Get your Department together.
2) Purchase the house and materials that you will use.
3) Build and decorate your Gingerbread house before the holiday party on either Dec. 12th (Middletown) or Dec 19th (Meriden).
4) Bring your decorated Gingerbread House to the cafeteria the day of the party by 1:30pm.

Prizes awarded!!!!!!!!!! Think OUTSIDE THE BOX!

For more information, contact melissa.rosado@hhchealth.org or rosann.rafala@hhchealth.org.

Free HHC shirts for Thanksgiving road race

Hartford HealthCare staff members and their families and friends who will be running in the Manchester Thanksgiving Road Race can get free Hartford HealthCare T-shirts. Represent the HHC team by wearing the HHC colors. If you’re interested, contact Eveline Schaffer at eveline.schaffer-shekhman@hhchealth.org.
About BHNews

BHNews is published every Friday, except for the weeks of Thanksgiving, Christmas and New Year’s. Articles for submission are due by noon on the Tuesday of the publication week.

Story ideas or submissions may be sent to carol.vassar@hhhealth.org or amanda.nappi@hhhealth.org. Articles must be submitted as a Microsoft Word document. Every effort will be made to run the article in its entirety, but due to space constraints and style requirements, editing may be necessary. Thank you.

Deadline for the next edition of BHNews is Tuesday, Nov. 11, at noon.

Windham Emergency Center expands psychiatric services

After years of partially contracting emergency psychiatric services, Windham Hospital has brought behavioral health in-house with the addition of new staff and services in the Jeffrey P. Ossen Emergency Center.

Previously, Windham Hospital had provided behavioral health services in the emergency department with support for weekend and night shifts through a contract with United Services, a local community behavioral health agency. With the entry of Backus Hospital into Hartford HealthCare and the creation of the East Region, leaders saw an opportunity.

“United Services has done a terrific job of supporting the behavioral health needs of Windham Hospital and the community for a long period of time, but we are proud to be able to make this investment,” said Jim O’Dea, PhD, MBA, HHC East Region Director of Behavioral Health Services.

The expansion, which developed over a 60-day transition period, included the recruitment and on-boarding of new employees who will complement existing Windham Hospital clinicians that provide psychiatric consultations for the emergency department. The new staff will report to East Region behavioral health services management, which also oversees Backus Hospital’s 18-bed inpatient unit and a full continuum of outpatient and emergency psychiatric services.

“Gale Sullivan, MSN, the HHC East Region Manager of Behavioral Health Services, did a terrific job of coordinating this important transition,” O’Dea said. “Where we can reduce unnecessary variability, we can improve quality.”

East Region and Behavioral Health Network leadership anticipate a number of benefits from the transition, including more complete coverage for the emergency department, more prompt access to behavioral health services, shorter waits for patients in the emergency department and an improved patient experience, along with cost savings for the East Region.

“From a system perspective, bringing Windham’s emergency psychiatric services into the Behavioral Health Network brings us closer to a single standard of care,” Sullivan said. “The expansion of both staff and hours will improve the continuity of care of our patients and benefit the Emergency Department, as well as the rest of our community.”

Windham Hospital has brought its behavioral health services in-house. Involved in this new venture are, from left, Gale Sullivan, RN, MSN, the East Region Manager of Behavioral Health Services; Jim O’Dea, PhD, MBA, the East Region Director of Behavioral Health Services; Gale Lockland, PhD, Windham psychologist; and Kathryn Fahey, LCSW, Windham social worker.
Entries for annual BrainDance Awards now being accepted

The IOL is sponsoring the 12th annual BrainDance Awards. This mixed media and arts competition encourages high school students to gain knowledge about psychiatric diseases and develop a more tolerant and realistic perspective toward people with severe psychiatric problems. The competition also aims to promote students’ interest in careers in mental health care.

The projects will be judged by expert clinicians and researchers in the field, based on:

- Relevance to the issue of stigma
- Creativity
- Accuracy of information
- Scientific rigor

Projects on any theme related to severe mental illness will be considered for an award.

The categories are: Scientific, Creative Expression (written or visual), and Mixed Media.

To apply for the awards: please log on to: [www.nrc-iol.org](http://www.nrc-iol.org) and follow the link to BrainDance for application forms, information and procedures.

Submission deadline is Sunday, Feb. 1.

For more information: contact Nancy Hubbard at 860-545-7665 or nancy.hubbard@hhchealth.org.

From left: Morris D. Bell, Ph.D., Yale School of Medicine; 2014 BrainDance competition winner Nicole Crapser, Bristol Eastern High School; Godfrey Pearlson, MD, Director of the Olin Research Center, Institute of Living; and Nancy Hubbard, Director of Outpatient and Rehabilitative Services, Institute of Living.

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Willingham, Rich celebrate 35 years of service

Congratulations to Kathleen Rich and Eugene Willingham, who recently celebrated 35 years with Hartford Hospital’s Institute of Living.

More milestones

Other staffers who reached significant milestones this summer include:

- **25 years**: Faye Jenkins, Karen Smith
- **15 years**: Edward Clukey II, Ivey Cooley, Robert Sahl, Mary Sharp
- **10 years**: Denese Wilks, Tilla Ruser, Lynn Mangini
- **5 years**: Alejandra Arroyave, Lauren Frisbie, Erin Cordero, Andres Ramos, Brian Becker Broncheau

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Psychology Training Program 2014-2015

The Psychology Department at the Institute of Living welcomed its new trainee class on September 2. The department offers both Doctoral Internship and Postdoctoral Fellowship training positions that have been accredited by the American Psychological Association for many years.

The Interns and Fellows will be working in key service areas at The Institute of Living, Hartford Hospital, and Connecticut Children’s Medical Center.

Trainees can be reached by calling Rosa Jordan at The Psychology Department at ext 5.7167.

Post-Doctoral Fellows

**Second Year**

- Amanda Morris, PsyD (University of Hartford GIPP)
- William W. Evans, PsyD (University of Wisconsin Amery Center)

**First Year**

- Andrew Childs, PsyD (University of Tennessee D2N/D1S)
- Jessica Greenberg, PsyD (The George Washington University Grace Webb School U/CW Post-Brookfield Adult Track)
- Lauren S. Hallion, PhD (University of Pennsylvania Anxiety Disorder Center)
- Elizabeth A. Bailey, MS (Loyola University Maryland Child Track)

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Lord Foundation awards second grant to Natchaug Hospital

Natchaug Hospital’s Safety. Trust. Hope. Campaign for Joshua Center Thames Valley received a second grant from The Edward and Mary Lord Foundation, bringing the Lord Foundation’s support for the new facility in Norwich to $25,000.

The renovated facility, which opened in August 2013, houses a number of programs for children and adolescents, including partial hospital, intensive outpatient, extended day treatment, clinical day treatment school and IICAPS. JCTV’s first year admissions exceeded the projected numbers by 40 percent with nearly 600 children and adolescents admitted.

JCTV CDT students volunteer on farm

Theresa Campanelli-Miner
Creative Rehab Services

Theresa makes a significant impact on the recovery of our patients. I can say so because I had a front row seat to hear her teach them coping skills. Not only is she very knowledgeable of her trade, she is also very compassionate and dedicated. Her speech and body language show as much. Patients are completely engaged and follow up with many questions.

I’d say Theresa embraces all four of the Core Values all of the time, but perhaps I’ll put Caring at the top. She simply provides patients with the best quality of care she can possibly deliver. She cares and it really shows.

My students come back to me with some common themes after attending Theresa’s group for the first time. I hear “that could be me up there” or “I have some issues to work on.” Just another testimony to the care she delivers, reaching beyond our patients. I see Theresa consistently supporting both pharmacy and nursing students. She really enhances the experience of the pharmacy students, which in turn reflects on their productivity and engagement in Natchaug’s vision.

I am very pleased to nominate her. It is long overdue.

Mansfield CDT recycling project

Students at the Mansfield CDT School are starting a recycling project throughout the hospital over the next few weeks as part of their science and math curriculum. Stay tuned for more information on how you can support the project.
Natchaug Hospital is once again offering discounted new memberships and renewals to BJ’s Wholesale Club. Employees who sign up receive a discount on fees, three additional months of membership, and a second card for family. Five dollars from each membership will be donated to Natchaug. For more information, e-mail sherry.smardon@hhchealth.org or visit the Natchaug Intranet.

**New hires**
- **Aushin Abraham**, MHW, child/adolescent inpatient
- **Ryan Blum**, MD, in-house physician
- **Jennifer Coughesne**, therapist, inpatient
- **Godsgift Doherty**, MHW, Journey House
- **Gerard Gagne**, MD, Locum
- **Kena Hicks**, MHW, JCSE
- **Andrew Lin**, intern, pharmacy
- **Leslie Lucas**, RN, adult inpatient
- **Matthew Morris**, intern, JC Enfield
- **Martha Rivera**, RN, adult inpatient
- **Jennifer Rippel**, RN, adult inpatient
- **Xiaowei Wang**, intern, pharmacy
- **Andrew Yellen**, educational assistant, JC Enfield CDT

Staff and clients around Natchaug Hospital got into the Halloween spirit on Friday, Oct. 31. Top: from left, Natchaug dietary staff Barbara Wilson, Tina Chappell, Tracy Simmons and Jill Holman show off their festive garb. Above: Employees at the Conantville building threw a surprise Halloween-themed birthday party for finance employees Chris McKenzie and Pat Adamski.

Savings Institute employees donate to pediatric unit

Stephen W. Larcen, Ph.D, HHC Senior Vice President and BHN President, accepts a $200 donation from the Savings Institute employees presented by Eva Rodriguez, Assistant Branch Manager of the Savings Institute’s Mansfield office. Savings Institute employees voted to award their “Caring & Giving” Campaign donations to help children in need in the Natchaug Hospital pediatric inpatient program.

Sweet retreat

Staff from Natchaug’s Creative Rehab Services team make all-natural lip balm and shea butter lotion bars during a wellness activity led by Human Resources’ Donna Hendry at their annual retreat on Thursday, Oct. 30.
How we fared

<table>
<thead>
<tr>
<th></th>
<th>Overall</th>
<th>24/7</th>
<th>PHP/In-home</th>
<th>CDT</th>
<th>Support</th>
</tr>
</thead>
<tbody>
<tr>
<td># of ideas generated</td>
<td>H3W Friends</td>
<td>302</td>
<td>Adult</td>
<td>JCTV</td>
<td>302</td>
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<tr>
<td></td>
<td>JC Enfield</td>
<td>185</td>
<td>Hickory St.</td>
<td>H3W Friends</td>
<td>99</td>
</tr>
</tbody>
</table>

| # of completed ideas  | Journey House | 85   | Journey House | JCTV | 85     |
|                       | JC Shoreline  | 40   | JCTV CDT      | H3W Friends | 36     |

| Participation         | IICAPS, JCNE CDT, N/A | 96%  | IICAPS, JCNE CDT, Business Team | 96% | 96% | 89% |
|                       | Journey House       | 40%  | Windham CDT, 8 of 12             | 96% | 96% | 89% |

Perfect attendance (at the highest # of meetings)

|                       | IICAPS, JCNE CDT, Windham CDT, 8 of 12 | 96%  | IICAPS, JCNE CDT, Windham CDT, 8 of 12 | 96% | 96% | 89% |

H3W update

This chart breaks down the highest performing Natchaug Hospital H3W work groups during FY14 in the following categories — numbers of ideas generated, number of ideas completed, participation, and perfect attendance. The chart gives the overall top performers, as well as the leaders in 24/7, PHP/In-home, CDT and Support.

There is a lot of work going on at Natchaug Hospital and we are seeing improvements all the time.

The candy man can

Although he is retired from the Board of Directors, former member Mike Pallein stopped by Journey House on Thursday, Oct. 30, with 12 brand new Halloween costumes and a $50 donation to purchase candy. Thank you Mike!

Training calendar

Wednesday, Nov. 12
- Third shift
  - TICI, 11 p.m.-3 a.m. (Nov. 13)

Thursday, Nov. 13
- Third shift
  - Manual & Mechanical, 3:30-4:30 a.m.
  - CPR, 11 p.m.-2 a.m. (Nov. 14)

Friday, Nov. 14
- Third shift
  - First Aid, 2-4:30 a.m.

Monday, Nov. 17
- New Employee Orientation, 8:30 a.m.-5 p.m.

Tuesday, Nov. 18
- Interpersonal Skills, 7-8:30 a.m.
  - TICI, 9 a.m.-1:30 p.m.
  - Manual & Mechanical, 1:30-2:30 p.m.

Wednesday, Nov. 19
- CPR, 7-10 a.m.
  - First Aid, 10 a.m.-12:30 p.m.

JCTV seeking book donations

Joshua Center Thames Valley is seeking donations to support a book drive for children and adolescents in the partial program.

The books will be used to inspire clients to take an interest in reading and as a prize for positive behavior reinforcement. Any donations of books or funds would be appreciated.

Drop off your donation at JCTV or contact meagan.fowler@hhchealth.org.
Rushford named clinical training site for Quinnipiac Medical School

Rushford was named as a clinical training site for psychiatry by the Frank H. Netter School of Medicine at Quinnipiac University. Sam Silverman, MD, will serve as Rushford’s site director. He will also serve as a member of the school’s Curriculum Committee and the Grading Committee for the medical students. The first student will come to Rushford for a three-week outpatient rotation in June 2015.

CPR, AED and first aid training scheduled for 2015

The 2015 CPR, AED and first aid training for Rushford employees will take place in the Rushford at Meriden cafeteria the second Wednesday of every month except July. All classes will be taught by Elizabeth Bryant, LPN. Please note that these CPR, AED and first aid classes are for staff members at Paddock Avenue, CBI and Camp Street, with Rushford staff from other sites being accommodated as availability allows.

- CPR and AED classes will take place the second Wednesday of each month (except July) from 9 a.m. to 1 p.m. Class is limited to seven participants.
- First aid classes will take place the second Wednesday of each month (except July) from 1:30 - 4:30 p.m. Class is limited to 10 participants.

Please remember that CPR and first aid are due for recertification every two years.
Please sign up directly with Dianne Fowler (Grome), Administrative Associate, at ext. 5282 or 203-630-5282 or Dianne.Grome@hhchealth.org.

Meriden drop box now open

On Thursday, Nov. 6, Rushford, the Meriden Healthy Youth Coalition (MHYC), the Meriden Police Department and the MidState Chamber of Commerce held a ribbon cutting to officially open the city’s prescription drop box. Meriden residents may dispose of their unwanted prescription drugs at this permanent location in the main lobby of the Meriden Police Department at 50 W. Main St. Cutting the crime scene tape ribbon, from left, are Meriden Police Captain Michael Zakrzewski, Meriden Police Chief Jeffrey Cossette, Meriden Mayor Manuel A. Santos, Rushford Prevention Specialist Krystle Blake, Meriden City Councilor Miguel Castro, and MidState Chamber of Commerce Executive Director Sean Moore.

Briem receives excellence award

Rushford clinician Devon Briem, LADC, CBIS, received the Harold Maphet Memorial Award for “Excellence in Clinical Services for Brain Injury,” at a recent Connecticut Department of Mental Health and Addiction Services (DMHAS) conference. Devon was nominated by her peers in the field of brain injury recovery to receive this award for “integration of community services for DMHAS consumers with brain injuries.”

A Rushford employee for 10 years, Devon began her career as a Clinician Assistant for the detox unit, and currently runs the Acquired Brain Injury and Traumatic Brain Injury program. She recently earned her Master’s Degree from Grand Canyon University.
**Events**

- **Friday, Nov. 7 from 8 a.m. – 5:30 p.m.**: Mental Health First Aid Training for Hartford HealthCare Employees, IOL, Commons Building, Litchfield Room, 200 Retreat Ave., Hartford. Cost: $20 per person. For more information or to register, contact patriciac.graham@hhchealth.org, or call 860-545-7716.

- **Wednesday, Nov. 7 from 8 a.m. – 5:30 p.m.**: IOL Grand Rounds: Adolescent High Risk Behaviors, Substance Use Disorders, Psychiatric Co-Morbidity and Suicidal Behavior with Yifrah Kaminer, MD.

- **Friday, Dec. 5, from 6-10 p.m.**: Natchaug Holiday Party. Join your co-workers for a night of food, music, dancing, raffles and fun at the Elks Club, 193 Pleasant St., Willimantic. The holiday party is coordinated by the Employee Activity Committee. If you are interested in joining the committee, contact Donna Hendry at Donna.Hendry@hhchealth.org or x69993.


- **Friday, Dec. 19 from 2:30 – 4:30 p.m.**: Rushford at Meriden Holiday Party, Cafeteria.
FOR SALE

SECTIONAL SOFA — Six-piece, dark tan sectional in excellent condition with an ottoman and two extra cushions. Perfect for family room. Asking $800 or best offer. Call 860-884-3651. Will provide pictures on request.

2004 HONDA ACCORD LX — Standard transmission, well maintained and in excellent condition. Silver exterior, grey interior. 160,500 miles. $3,800 or best offer. Call Phil at 203-715-1722.

2004 VOLVO V70 WAGON — 5-cylinder, automatic, non-turbo. Car has been garage most of its life and is in excellent condition. Well maintained, looks great. Timing belt recently replaced. Pictures can be seen on Craigslist. 98,000 miles. Asking $6,500. Please call 860-208-2775 before 3 p.m.

EVENTS

YOUTH CAMPAIGN 2014 — Friday, Nov. 7, and Saturday, Nov. 8, at 7 p.m. and Sunday, Nov. 9, at 6:30 p.m. at ICP Healing Community Church, 20 Hope St., Willimantic. Special guest and preacher Evangelist Samuel Ortiz, free and open to the public. Call 860-423-3277 for more information.

NORWICH FREE ACADEMY — Saturday, Nov. 8, 5 p.m. at Slater Auditorium, Norwich Free Academy, 108 Crescent St., Norwich. Dr. Gary Phillip Zola, renowned historian and author of “We Called Him Rabbi Abraham” will speak and discuss his recent book. Reception and refreshments to follow the discussion. This event is sponsored by Lincoln Forum of Eastern Connecticut and is free to the public.

CHOWDER NIGHT 2014 — Saturday, Nov. 8, 5:30-8 p.m. at Christ Episcopal Church, 78 Washington St., Norwich. Three chowders, salad, rolls, apple cobbler, apple cider, $10 adults, $8 seniors and children, live music, take out available.


GRISWOLD EXERCISE PROGRAM — Meets every Tuesday and Thursday, 6 - 7 p.m. in the Griswold Elementary School cafeteria. Class features low-impact aerobics, weights and pilates. Bring your own mats and weights. For more information, call 860-376-4741.

COMEDY SHOW — Friday, Nov. 14, 8 p.m. at Jacques Cartier Club, 1 Wilson St. Ext., Jewett City. Doors open at 7 p.m., $20, comedians from New York, adult show only. Proceeds benefit the Lisbon Boy Scout Troop 73. Call 860-204-0478 or 860-710-5919.

HOL-“LEE” DAY CHRISTMAS FAIR — Saturday, Nov. 22, 9 a.m. to 1 p.m. at Lee Memorial Church, 294 Washington St., Norwich. Country kitchen, gift shoppe, Christmas greens, Thirty-one Boutique, free gift wrapping.

FOOD FOR BOOKS — Saturday, Nov. 22, 10 a.m. to 1 p.m. at the Norwich Grange Hall, 172 West Town St., Norwich. Swap or exchange one for one, non-perishable foods, proceeds go to the Soup Kitchen.

SECOND ANNUAL BOZRAH HOLIDAY FARMERS MARKET — Saturday, Nov. 22, 10 a.m. to 1 p.m. at the Maples Farm Park Homestead, 45 Bozrah St., Bozrah. Shop from 22 Connecticut vendors, purchase gifts, home décor, horse and carriage rides and see Mrs. Clause.

NORWICH PUBLIC SCHOOLS STAFF FOLLIES — Friday, Dec. 5, 6:30 p.m. at Kelly Middle School. Raffle, admission $10, adult accompanying a child $5, children under 14 years old are free. All proceeds benefit the Norwich Public Schools Education Foundation.

SENIOR RESOURCES — Let us do a benefits checkup — a free and confidential questionnaire for individuals ages 60 and older that will screen you for eligibility for federal, state and local financial programs. Visit www.SeniorResourcesEC.org and have the questionnaire mailed to you. Or, a Senior Resources staff member can complete the screening over the phone.