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On the cover: Deborah Patterson, a Connecticut Orthopaedic Institute patient.
EVERY PATIENT DESERVES THE BEST POSSIBLE CARE. Together, access, community, and expertise create the foundation for an exceptional patient experience, which is integral to the healing process. At MidState Medical Center (MMC) and The Hospital of Central Connecticut (HOCC), we’ve been hard at work enhancing our facilities and cultivating a team of experts, all with the purpose of providing the right care, in the right place, at the right time for our patients.

Access. The new 50,000-square-foot Hartford HealthCare HealthCenter in Cheshire opened in September. It is the largest footprint of healthcare services under one roof in town. The expansive facility at 280 South Main Street includes the David and Rhoda Chase Family Movement Disorders Center, plus a variety of specialties, including headache, cardiology, primary care, and more.

All three Emergency Departments (ED) piloted a new ED access option. On My Way enables patients to view wait times at HOCC New Britain and Bradley campuses, as well as MidState, and notify staff that they are on their way to the hospital. This is particularly useful for patients seeking care outside of urgent care hours.

We have invested significantly in enhancing our vascular and cardiac capabilities by constructing new hybrid procedure rooms at MidState and HOCC. These rooms, outfitted with the latest technology, allow us to provide the most advanced care close to home.

Community. MidState Medical Center welcomed Northeast Emergency Medicine Specialists as its new Emergency Department physician team, and in just a few short months, there has been a significant improvement in patient satisfaction. We heard the community’s feedback and implemented change – a true testament to our flexibility and commitment to providing the best care for every patient.

A new 5,000-square-foot outpatient physical rehabilitation space at HOCC now provides the latest exercise equipment and specialized care for patients with mobility challenges, with services that include headache management, post-surgical rehabilitation, and work injury rehabilitation.

Expertise. The best care starts with a coordinated team of experts. An outstanding example of this is the launch of the new Breast Care Center at MidState. From nurse navigators to breast and oncologic surgeons, our patients have access to our extraordinary team of experts, all under one roof, enhanced by the Hartford HealthCare Cancer Institute’s membership in the Memorial Sloan Kettering Cancer Alliance.

At HOCC, we identified a way to manage back and neck pain and injuries – an issue millions of us struggle with each year. In March, we opened the new Spine Center, which offers urgent and follow-up care for a wide variety of conditions including muscle spasms, back injuries, and pinched nerves. A team of specially trained clinicians make personalized care plans to manage the issue, avoiding the use of opioids, which is an increasingly important consideration for today’s patient.

Inside this year’s report, you’ll learn more about these exciting projects and discover how our latest achievements and accomplishments are positioning us for a strong 2020.

Sincerely,

Gary Havican
President
MidState Medical Center and
The Hospital of Central Connecticut

Jason Howey
Chairman of the Board
Central Region Executive Leadership Team

Gary Havican
Central Region President

Janette Edwards
Regional Vice President, Operations

Sean Curtin
Regional Vice President, Finance

Karen Fasano
Regional Vice President, Patient Care Services

Jeff Finkelstein, MD
Regional Vice President, Medical Affairs

Board of Directors

Jason Howey
Chairman

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Vice Chair

Member-at-Large

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Irfan Chughtai, MD

Nadine Francis-West

Joseph Harrison, MD

David Hyman, DDS

Bruce Koeppen, MD, Ph.D.

Denise McNair

George Springer Jr., Esq.

Ex-officio

Gary Havican

Invited Guest

Howard Boey, MD
President, MidState Medical Staff

Karen Fasano

Jeff Finkelstein, MD
The Hospital of Central Connecticut

Directors Emeriti

John E. Dillaway
Marie S. Gustin, Ph.D.
Ralph G. Mann
John S. Manning
Harry N. Mazadoorian
Frank R. Miller
Laurence A. Tanner
Edward P. Toffolon, MD
Lindsay Wellman

MidState Medical Center

Directors Emeriti

H. Donald Burbank
Cynthia A. Gutierrez
David B. Hyman, DDS
Ronald J. Meoni
Louis Meyer, MD
Gary O. Olson
David W. Parke, MD
Molly H. Savard
Richard D. Stapleton
David P. Walker

HOCC Medical Executive Committee

Arun Agarwal, MD
Letterio Asciuto, MD, Chairman
Michael Balkunas, MD
David Buono, MD
Abbie Courtemanche, DO*
Karen Fasano, RN*
Jeff Finkelstein, MD – ex officio
Joseph Garner, MD
Shovendra Gautam, MD
Joel Gelber, MD
Annmarie Golioto, MD
Fadi Hammami, MD*
Gary Havican – ex officio
Matthew Higgins, DO
Barry Jacobs, MD
Linda Matonis, MD
Rupal Panchal, MD
Gerard Roy, MD
Bret Schipper, MD
Rekha Singh, MD
Neil Wasserman, MD
Kevin Watson, MD

MidState Medical Executive Committee

Jonathan Craig Allen, MD
Aziz Benbrahim, MD
Howard Boey, MD
Abbie Courtemanche, DO*
Gary Dee, MD
Daniel Denneh, MD
Mark Dziedzic, MD
Karen Fasano, RN*
Jeff Finkelstein, MD – ex officio
Richard Frank, MD
Harry Hajedemos, MD
Fadi Hammami, MD*
Gary Havican – ex officio
Michael Kellogg, MD
Leonard Kolstad, MD
Walter Kupson, DO
Peter Leff, MD
Bela Mandavilli, MD
Andrew Metzger, MD*
Laurence Nair, MD
Mohammad Shams, MD
George Spivack, MD
Jean Wong, MD
*Invited guest
Philanthropic Support

Did you know that our hospitals are not-for-profit? Donations from the community ensure our hospitals are always ready to deliver the highest-quality care to the people of central Connecticut.

Gifts received by The Hospital of Central Connecticut and MidState Medical Center help purchase new equipment and technology; support the most advanced medical care and services; and educate staff on the latest developments and techniques in patient care.

This past year over a thousand charitable donations were received by the Central Region. Gifts were received from community individuals, hospital staff, physicians, volunteers, corporations, bequests, foundations, and grants. Our donors play a vital role in our mission and we are deeply grateful for the continued financial commitment and ambassadorship of our community.

Auxiliary

The Central Region Auxiliaries raise funds through a variety of fundraising activities both within the hospitals and through major events in the community open to the public. Throughout the year, the Auxiliaries plan these events. Activities include annual golf tournaments, spring basket drawings, a biennial signature event, and the management of the hospitals’ gift shops. The Auxiliaries are proud to be supportive partners to our hospitals and to assist in the fulfillment of our mission.

MidState Medical Center Auxiliary

From its beginning in 1885, the MidState Medical Center Auxiliary and its members have provided services to the hospital, comforting patients and families through a wide variety of volunteer efforts and financial support. The Auxiliary’s fundraising efforts have realized thousands of dollars for hospital equipment, patient programs, and services while always keeping in mind the hospital’s mission to improve the health and healing of the people and communities we serve. Over the past decade, major contributions to MidState Medical Center have included the Emergency Department, Cancer Institute, Family Birthing Center, Connecticut Orthopaedic Institute, and most recently a donation of $42,000 for the purchase of lifesaving cardiac devices.

Projects and programs funded in FY 2019 include:

- Family Birthing Center Waiting Area: $50,000
- Infant Sleep Sack-Family Birthing Center: $7,750
- Connecticut Orthopaedic Institute: $20,000
- Chest Compression Systems: $42,000
- Breast Cancer Early Detection Fund: $10,000
- MidState Movement Disorders Fund: $1,000

HOCC-New Britain General Campus Auxiliary

Since its inception in 1899, the Auxiliary at New Britain General has distinguished itself as an integral part of the hospital by providing ideas, financial support and volunteerism to complement the growth and technological needs of healthcare. The Auxiliary’s multi-million dollar fundraising efforts have been responsible for contributions to major undertakings at the New Britain campus, including a $1 million donation to the Hartford HealthCare Cancer Institute at The Hospital of Central Connecticut and support of a Hybrid Procedure Room. Most recently, a $60,000 donation was made in support of new diagnostic equipment in the Ferdinand Sauer, M.D. Family BirthPlace.

Projects and programs funded in FY 2019 include:

- Ferdinand Sauer, M.D. Family BirthPlace: $2,411
- Cardiac Rehabilitation Center: $55,000
- Ferdinand Sauer, M.D. Family BirthPlace: $60,000

HOCC-Bradley Memorial Campus Auxiliary

The goal of the Bradley Memorial Auxiliary is to provide long-term commitment of emotional and medical support to the hospital and community. Due to the generosity of the local doctors, Auxiliary membership, and Southington community members who support our programs, we have been able to purchase equipment for our Cardiology Department and Emergency Department as well as support other programs in various areas of the hospital. Annually, they recognize our employees and volunteers with a continental breakfast and decorate the hospital for the holidays.
Community Benefit

Financial Assistance and Means-Tested Programs
Midstate Medical Center and The Hospital of Central Connecticut are proud to connect with the community through a variety of educational and support programs.

<table>
<thead>
<tr>
<th>Central Region - Fiscal Year 2018</th>
<th>HOCC</th>
<th>MidState</th>
</tr>
</thead>
<tbody>
<tr>
<td>Financial Assistance at cost</td>
<td>3,636,905</td>
<td>2,949,829</td>
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<tr>
<td>Medicaid</td>
<td>29,367,388</td>
<td>23,627,631</td>
</tr>
<tr>
<td>Community health improvement services and community</td>
<td>167,628</td>
<td>22,501</td>
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<tr>
<td>Health professions education</td>
<td>12,960,488</td>
<td>0</td>
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<tr>
<td>Subsidized health services</td>
<td>1,242,311</td>
<td>283,916</td>
</tr>
<tr>
<td>Total</td>
<td>47,374,720</td>
<td>26,883,877</td>
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Statistical Highlights

Inpatient Transitions

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<tr>
<th></th>
<th>FY18</th>
<th>FY19</th>
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</thead>
<tbody>
<tr>
<td>HOCC</td>
<td>13,452</td>
<td>14,260</td>
</tr>
<tr>
<td>MidState</td>
<td>9,440</td>
<td>10,282</td>
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Patient Days

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<tr>
<th></th>
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<tbody>
<tr>
<td>HOCC</td>
<td>66,098</td>
<td>69,727</td>
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<tr>
<td>MidState</td>
<td>35,378</td>
<td>39,108</td>
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ED Visits

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<td>HOCC</td>
<td>92,047</td>
<td>88,086</td>
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<tr>
<td>MidState</td>
<td>50,308</td>
<td>50,234</td>
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Total Surgeries

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<th></th>
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</thead>
<tbody>
<tr>
<td>HOCC</td>
<td>8,446</td>
<td>8,722</td>
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<tr>
<td>MidState</td>
<td>7,585</td>
<td>8,512</td>
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Outpatient Visits

<table>
<thead>
<tr>
<th></th>
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<tbody>
<tr>
<td>HOCC</td>
<td>406,197</td>
<td>453,564</td>
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<tr>
<td>MidState</td>
<td>145,745</td>
<td>145,137</td>
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Births

<table>
<thead>
<tr>
<th></th>
<th>FY18</th>
<th>FY19</th>
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<tbody>
<tr>
<td>HOCC</td>
<td>1,584</td>
<td>1,638</td>
</tr>
<tr>
<td>MidState</td>
<td>813</td>
<td>762</td>
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</table>
MidState Medical Center and The Hospital of Central Connecticut are continuously evaluating quality indicators and best practices to ensure every patient receives the highest level of care.

**Mortality**

The rate of patient deaths in a hospital is based on the actual number of deaths versus the expected number of deaths. Expected deaths are based on age, gender, and medical history. The mortality ratio is a result of observed mortality divided by expected mortality. The Hospital of Central Connecticut’s mortality target is 0.98 and MidState’s is 0.91.

**Length-of-Stay**

Length-of-stay represents the average number of days a patient stays in the hospital.
Door-to-Provider Time

Door-to-provider time represents the amount of time that elapses, in minutes, between the time a patient arrives in the Emergency Department and the time the patient is seen by a doctor.

**HOCC – Bradley campus Door to Provider - median minutes**

**HOCC New Britain campus Door to Provider - median minutes**

**MMC Door to Provider - median minutes**
Sepsis

The rate of patient deaths in the hospital with a diagnosis of sepsis, severe sepsis or septic shock is based on the actual number of deaths versus the expected number of deaths. Expected deaths are based on age, gender, and medical history.

Patient Experience

The patient experience score uses results from a standardized and publicly reported survey of patient’s perspectives of hospital care. The overall rating of the hospital is the key metric tracked.
**Quality**

**Clostridioides Difficile (C. Difficile)** is a bacteria that can cause serious inflammation of the colon and infection. A standardized infection ratio (SIR) is a statistic used to track C. Difficile rates. Any number 1 or below is better than expected.

Many cases of C. Difficile are due to antibiotic use. A decrease in fluoroquinolones prescribed correlates with a decrease in SIR at MidState Medical Center.

**The Hospital of Central Connecticut C. Diff SIR History**

**MidState Medical Center C. Diff SIR History**

**MidState and HOCC Fluoroquinolone Utilization**
Expanded Cardiac Rehab Center Enhances Recovery at HOCC

The 3,120-square-foot facility provides the latest equipment to aid in the treatment and recovery of cardiac patients. The center provides telemetry-monitored exercise to patients who have had angioplasty, coronary artery bypass graph surgery, valve replacement or repair, heart transplant, and systolic congestive heart failure.

Patients have access to treadmills, recumbent steppers, stationary bikes, elliptical trainers, rowing machines, and an “arm cycle.” The facility has a full complement of weight training equipment and can accommodate patients along a broad spectrum of needs and abilities.

Piano Donation Provides Soothing Melodies at HOCC

The Hospital of Central Connecticut recently received a generous donation from the Tomasso Family to purchase a player piano for the hospital’s main lobby. The piano provides a beautiful, calming, and relaxing atmosphere for our visitors. The donation was made in memory of Angelo Tomasso, Jr. The Tomasso Family has been a steadfast supporter of HOCC for decades and we truly appreciate their ongoing commitment to our patients and the greater New Britain community.

HOCC Spine Center Serves Up Relief

Adults struggling with acute back and neck pain issues now have access to specialized care at The Hospital of Central Connecticut Spine Center. Patients can be treated for a variety of conditions, including back injuries, acute back and neck pain, spinal stenosis, degenerative discs, pinched nerves, bulging discs, and more. The center uses a multidisciplinary model, including clinicians from physiatry, behavioral health, pain management, spine surgery, emergency medicine, radiology, and more.
Breast Care Center Heals and Comforts at MidState

MidState Medical Center opened its new Breast Care Center, bringing advanced breast care services directly into the community. The 2,064-square-foot space offers a wide range of services that support every stage of patient treatment. A broad array of services and technology in one location creates a comfortable, convenient experience. Offering everything from screening to post-operative treatment, the Breast Care Center offers the latest in 3D mammography, breast conservation surgery, chemotherapy, and radiation therapy. Patients also have access to same-day imaging services conveniently located across the hall. At the heart of the center is a team of primary care and gynecology physicians, radiologists, pathologists, breast and oncologic surgeons, plastic and reconstructive surgeons, medical oncologists, radiation oncologists, nurse navigators, and a wide range of support staff. Through the HHC Cancer Institute’s membership in the Memorial Sloan Kettering Cancer Alliance, MidState breast cancer patients have close-to-home access to the latest clinical trials, as well.

Maternal Fetal Medicine Center at HOCC Expands

The Hospital of Central Connecticut opened its expanded Maternal Fetal Medicine (MFM) program space to meet the increased need for high-risk prenatal testing. The new and expanded 2,390-square-foot area includes additional exam and procedure rooms on the New Britain campus. The new space boasts three ultrasound examination rooms as well as three non-stress test fetal monitoring procedure areas. MFM physicians, genetic counselors, and a team of sonographers use state-of-the-art ultrasound techniques, genetic testing, and procedures such as chorionic villus sampling, amniocentesis, and fetal echocardiography to diagnose and monitor complications in pregnancy.
Hartford HealthCare Unveils New Health Center in Cheshire
The new 50,000-square-foot HHC HealthCenter at 280 South Main Street in Cheshire, which opened in September, features experts in movement disorders, headache, physical rehabilitation, imaging, primary care, dermatology, and more, plus a wellness center, acupuncture rooms, and conference rooms. These specialties join existing services in town, including urgent care and behavioral health.

Pavilion B at MidState Offers Comfort to Both Patients and Visitors
Pavilion B was recently updated and renovated to accommodate COI patients, as well as surgical and oncology patients. A physical therapy space includes an automobile simulator designed to get patients active right after surgery. A refreshment station offers beverages and snacks any time of day. All COI patient rooms are updated with new adjustable sofas offering comfortable accommodations for visitors to relax or even spend the night. Every room includes a digital tablet that both entertains and allows patients to review informational videos prior to discharge. The unit is refreshed with new lighting and paint schemes focused on a bright, healing environment.
Northeast Emergency Medicine Specialists Joins MidState and HOCC Bradley Campuses

Earlier this year, Northeast Emergency Medical Specialists (NEMS) joined MidState Medical Center and The Hospital of Central Connecticut Bradley campus as the provider of emergency services in the Emergency Departments. NEMS is a proven leader in the EMS and first responder communities. Since NEMS has joined the hospitals, there has been a significant improvement in all operational metrics including patient satisfaction.

HOCC Receives AHA Quality Award

The Hospital of Central Connecticut New Britain campus received the 2019 American Hospital Association’s Mission Lifeline Gold Plus award. Hospitals receiving Get With The Guidelines® Gold Plus Achievement Award have reached an aggressive goal of treating patients with 85 percent or higher compliance to core standard levels of care as outlined by the American Heart Association/ American Stroke Association for two consecutive calendar years.

Dr. Cynthia McCraven Named Physician of the Year

Dr. Cynthia McCraven, who specializes in obstetrics and gynecology, received the MidState Medical Center Physician of the Year Award at the annual medical staff meeting in December. This award recognizes a physician’s contributions to the hospital, the field of medicine, and the greater community.

VP of Operations Named 40 Under Forty by Hartford Business Journal

Janette Edwards was named one of Hartford Business Journal’s “40 Under Forty” award recipients. The award recognizes the outstanding achievements of young professionals in the Greater Hartford area. Edwards, 36, has been with Hartford HealthCare for 12 years. In her role, she is responsible for more than 20 departments and service lines within the organization. Throughout her tenure at Hartford HealthCare, she has held multiple roles in operations, strategic planning, and the development of partnerships and initiatives.

The Votes Are In...We’re #1

Readers showed their support for The Hospital of Central Connecticut and MidState Medical Center by voting them “Best Hospital,” a testament to our dedication to keeping our communities healthy! MidState also won “Best Emergency Room.”
Dr. Virginia Bieluch Named to National Infectious Disease Committee

Dr. Virginia Bieluch, chief of infectious diseases at The Hospital of Central Connecticut, was recently appointed to the leadership development committee of the Infectious Disease Society of America. The committee works to identify and develop leaders in the field of infectious disease who will carry the mission of the society forward.

COI Receives Prestigious Joint Commission Award

The Connecticut Orthopaedic Institute (COI) at MidState Medical Center has earned The Joint Commission’s Gold Seal of Approval for Advanced Certification for Total Hip and Total Knee Replacement. COI is the only HartfordHealthCare institute to currently hold this certification. The advanced certification recognizes COI’s commitment to elevating the quality, consistency, and safety of its services and patient care. Through an on-site review, Joint Commission experts evaluated compliance with advanced disease-specific care standards and total hip and total knee replacement requirements.

MidState Celebrates 20th Anniversary

MidState Medical Center celebrated its 20th anniversary with a gala in November at the Oakdale Theatre in Wallingford. The celebration commemorated the exceptional healthcare MidState has provided the community for the past two decades.
Central Region Wound Care Teams Recognized for Excellence

The Wound Care teams at Midstate Medical Center and The Hospital of Central Connecticut in Bristol were recognized with the Center of Excellence award by Healogics, the nation’s largest provider of advanced wound care services. The centers achieved patient satisfaction rates higher than 92 percent and a healing rate of at least 91 percent in less than 30 median days to heal, for a minimum of two consecutive years.

Dr. Howard Boey Receives CHA Healthcare Hero Award

The Connecticut Hospital Association recognized Dr. Howard Boey as a recipient of its 2019 Healthcare Hero Award. The award celebrates and recognizes the invaluable contributions of exceptional healthcare workers, both to their field and to the community at large. Dr. Boey is a board-certified otolaryngologist who specializes in robotic surgery and head and neck cancers at Midstate Medical Center. In the last 15 years, he has traveled to Ecuador annually, bringing specialized surgeries to patients in impoverished and remote locations. The patients he serves on these annual missions are children and adults who lack access to basic medical services.

Central Region Employees Honored at First HHC EMMies Awards

Two Central Region employees were among four winners at the inaugural HHC EMMies, honoring staff members who make “Every Moment Matter.” The Customer’s Choice Award went to Thomas Buczynski, a nurse at The Hospital of Central Connecticut. Tom thinks of his patients as family and attempts to meet not only their behavioral health needs, but their social and personal needs. One of the greatest examples of his outreach is the EW3 Barbershop, which he operates on his days off. The Great Catch Award went to Lynn Kalinowski, a nurse at Midstate Medical Center. Lynn is an experienced nurse in the intensive care unit (ICU), whose keen sense and attention to detail resulted in the quick diagnosis of a surgical patient who was suffering a stroke.
Southington Joins H.O.P.E. Program; Grants Fund Social Worker

The town of Southington joined in the effort to combat the opioid epidemic locally. In collaboration with the Hartford HealthCare Behavioral Health Network, The Hospital of Central Connecticut, MidState Medical Center, the state’s attorney’s office, and an array of community partners, the program offers treatment options as an alternative to arrest. Police and first responders have the option to bring a patient directly to the emergency room, where they are provided with a recovery coach, induction of medication, and access to treatment within 24 hours. HOCC also received two grants which will fund a social worker dedicated to the H.O.P.E. initiative.

HOCC & EMS Partner to Improve Patient Care

The Hospital of Central Connecticut partnered with New Britain EMS to activate an IT interface called the Health Data Exchange. The program links the EMS patient report with the hospital’s health record system, Epic, enabling rapid feedback on the patient’s outcome. This exchange also provides the Emergency Department rapid access to the EMS patient chart to assist in patient care. The technology results in better care and improved efficiency.

Dr. Camelia Lawrence Celebrates 40th Birthday With Televised Mammogram

Dr. Camelia Lawrence took the proverb “physician, heal thyself” quite seriously when she donned a johnnie and stepped up to a machine in The Hospital of Central Connecticut radiology suite in Plainville for her first screening mammogram. She just turned 40 and, as director of breast surgery for the Hartford HealthCare Cancer Institute in the system’s Central Region, wanted to widely communicate to women about the importance of screenings.

MidState Launches Brand Campaign: You’ve Never Been Treated Better

In April, MidState Medical Center launched a new advertising campaign based on the theme, “You’ve never been treated better.” The campaign reintroduced MidState to the community as a place where patient experience and clinical expertise come together. The campaign included television, print, digital, radio, billboard, and social media ads.
Mammogram Patients First to Receive Text Message Appointment Reminders

The Central Region led the way for Hartford HealthCare in implementing text message appointment reminders to patients. Mammography patients were the first to receive text reminders, followed by other imaging modalities within the region.

Central Region Receives $17,000 Grant for Integrative Therapy

The Hartford HealthCare Central Region recently received a $17,000 grant from After the Storm to support integrative therapy programs at MidState Medical Center and The Hospital of Central Connecticut. This generous gift will help provide cancer survivors with integrative therapy services, such as gentle yoga, one-to-one integrative therapy sessions, and art therapy.

Community Leaders Turn Out For Central Region Community Engagement Forums

MidState Medical Center and The Hospital of Central Connecticut presented community engagement forums, where attendees learned more about the facility and its operations. Attendees included members of the hospital community, civic, and city leaders. Topics covered in the forum included current programs, services, and growth at each hospital. The presentations were followed by a question and answer session, and wrapped up with tours of various centers in the hospital.

On My Way App Makes ED Access More Convenient for Patients

The Central Region is piloting a new Emergency Department (ED) access option. On My Way enables patients to view wait times at nearby Emergency Departments and notify staff that they are on their way to the hospital. This may allow them to be seen quicker. Patients may access On My Way through MyChartPLUS by selecting “Find an Emergency Department” and following the prompts. Patients without a MyChartPLUS account can also view wait times and notify the EDs that they are on their way through links on the hospitals’ websites.
10th Annual Healthy Family FunFest a Success

The 10th anniversary of the Healthy Family FunFest was a huge success with more than 4,000 visitors. Attendees of all ages enjoyed games, activities, and education promoting healthy lifestyles. Local health practitioners and related services provided information about their practices while having the opportunity to answer questions from residents across the region.

Bike Cheshire Ride to Wellness

On September 21, Hartford HealthCare sponsored the Bike Cheshire Ride to Wellness, a community bike ride that started and ended at the newly opened HealthCenter. More than 100 riders set off on 10- and 25-mile routes through scenic Cheshire. The event featured the Chase Family Movement Disorders Center and its Medical Director Dr. Duarte Machado, who welcomed riders and highlighted the health benefits of bike riding for all, with a special emphasis on those with movement disorders like Parkinson’s disease.

Representatives from nearly a dozen service lines in the HealthCenter were on hand to meet riders and residents, spreading the word about the specialties and services offered in Cheshire.
Hospitals Attract Top Talent

This year, the Central Region proudly welcomed more than 200 new physicians.

New Stand-Out Specialists and Leaders

Radhika Adiraju, MD
Medical Director, Hospital Medicine - Central Region

Andre Ghantous, MD
Chief of Cardiology,
The Hospital of Central Connecticut
Chief of Cardiology,
HHC Heart & Vascular Institute - Central Region

Carrie Carsello, MD, FACS,
Fellowship-trained endocrine surgeon
(the only one in the Hartford HealthCare system)

Barry Gordon, DO
Chief of Neurology - Central Region

Abbie Courtemanche, DO
Medical Director of Quality & Safety Central Region

Mohammed Shams, MD
Chief of Hospital Medicine - HOCC

Mark Dziedzic, MD
Chief of Emergency Medicine, MidState Medical Center and HOCC
Bradley Campus

Patrick Tomak, MD
Board-certified neurological surgeon

Antoine Ferneini, MD
Chief of Vascular & Endovascular Surgery, MidState Medical Center

Niamey Wilson, MD
Director of Breast Surgery
Research and Quality for the Hartford HealthCare Cancer Institute
Breast Surgery Division Leader for Hartford HealthCare Medical Group
### The Hospital of Central Connecticut

#### New Physicians/Surgeons | FY19

| Evelyn Abernathy, MD; Pathology                  | Andrew Metzger, MD; OB/GYN/Obstetrics/Gynecology |
| Eric Anderson, MD; Neurology                    | Justin Montanye, MD; Neurology                   |
| Ronald Araneta III, MD; Pathology               | Christian Mosebach, DO; Hospitalist              |
| Eric Arehart, MD; Neuromonitoring              | Craig Moskowitz, MD; Cardiology                  |
| Megan Barber, DO; Hospitalist                   | Sujai Nath, MD; Neurology                        |
| Joel Bauman, MD; Neurosurgery                   | Michael Ng, MD; Neurology                        |
| Lakshmi Beeravolu, MD; Neurology                | Khanh Nguyen, MD; Neurology                      |
| Anthony Benaquista, MD; Hospitalist             | William Nowack, MD; Neurology                    |
| Lindsay Ann Bliss, MD; Surgical Oncology        | Sope Olugbile, MD; Med. Oncology/Hematology      |
| Scott Buckel, DO; Orthopaedics                  | Jose Orellana, MD; Internal Medicine             |
| MariMeg Clairwood, MD; Dermatology              | Roshni Patel, MD; Neurology                      |
| Janine Collinge, MD; Ophthalmology              | Charlotte Pham, DO; Physical Medicine & Rehabilitation |
| Heather Dowling, MD; Emergency Medicine         | Anna Pilzeck, MD; OB/GYN/Urogynecology           |
| Dmitry Drapach, DO; Hospitalist                 | Frank Pompo, MD; Orthopaedics                    |
| April Duckworth, MD; General Surgery            | Joseph Radojevic, MD; Orthopaedics               |
| Pooia, Fattahi, MD; Neurology                   | Rachel Raphael, MD; General Surgery              |
| Martin Fowler, Jr., MD; Neurology               | Richard Remnick, MD; Emergency Medicine         |
| Patricia Garcia, MD; Hospitalist                | Paul Rychwalski, MD; Ophthalmology               |
| Elizabeth Garcia-Lopez De Victoria, MD; Neuromonitoring | Kamaldeen Saldin, MD; Neurology                   |
| Ricardo Garcia-Rivera, MD; Neurology            | Subramani Seetharama, MD; Physical Medicine & Rehabilitation |
| Mason Gasper, DO; Neurology                     | Jason Shen, MD; Neurology                        |
| Richard Gessman, MD; Diagnostic Radiology       | Kevin Shushtari, MD; Hospitalist                  |
| Krzysztof Glomski, MD; Pathology                | Jharon Silva, MD; Emergency Medicine             |
| Wayne Gordon, MD; Neurology                     | George Skarvinko, MD; Pediatrics                 |
| Michael Gutman, MD; Emergency Medicine          | Eric Sklar, MD; Neurology                        |
| Christopher Hughes, MD; Plastic Surgery         | Kevin Sprague II, MD; Emergency Medicine        |
| David John, MD; Emergency Medicine              | Yanjun Su, MD; Pathology                         |
| Charles Johndro, DO; Emergency Medicine         | Larry Suecof, DPM; Podiatry                      |
| Jonathan Johnson, MD; Neuromonitoring          | Rashmi Thatte, MD; Hospitalist                   |
| Geetha Kandimala, MD; Neurology                 | Michael Tinkler, MD; Emergency Medicine         |
| Dani Korya, MD; Neurology                       | Anthony Vitto, MD; Neurology                     |
| Joseph Kranin, MD; Neurology                    | Julie Volpe, MD; Psychiatry                      |
| Kateryna Kurako, MD; Neurology                  | Kenneth Weisman, MD; Urology                     |
| Francis Kuttamperoor, MD; Hospitalist           | Joseph Wolf, MD; Emergency Medicine             |
| Kamraan Madhani, MD; Hospitalist                | Nancy Yip, DO; Pediatrics                        |
| Bela Mandavilli, MD; Pathology                  | John Zawidniak, MD; Rheumatology                |
| Shishir Mathur, MD; Cardiology                  |                                             |
New Physicians | FY19

Richard Agag, MD; Plastic & Reconstructive Surgery
David Altszuler, MD; Cardiology
Sabeena Arora, MD; Cardiology
Steven Bleich, MD; Cardiology
Michael Bloch, MD; Emergency Medicine
Bryan Boffi, MD; Psychiatry
James Bovienzo, DO; Emergency Medicine
Michael Buscher, DO; Emergency Medicine
Curtis Campbell, MD; Orthopaedics
Kimberly Caprio, MD; General Surgery
Robert Cole, MD; Radiation Oncology
Anthony Coppola, DO; Emergency Medicine
Brian Coyle, MD; Vascular Surgery
Jeffrey Cranford, MD; Otolaryngology
Peter Cuniowski, MD; Emergency Medicine
Kevin Dougherty, MD; Cardiology
Ryan Darnall, DO; Hospitalist
James Farmer, MD; Anesthesiology
Andrew Feingold, MD; Cardiology
Mason Gasper, DO; Neurology
Bennett Goss, MD; Emergency Medicine
John Granquist, MD; Cardiology
Peter Hibberd, MD; Emergency Medicine
Eric Hobert, MD; Emergency Medicine
Chung-Yu Hsiao, MD; Emergency Medicine
Barry Jacobs, MD; Pathology
Shareef Jandali, MD; Plastic & Reconstructive Surgery
Sean Kandel, DO; Hospitalist
Anthony Kim, MD; Urology
Maximilian Lee, MD; Cardiology
Walter Lehnhoff, DO; Hospitalist
Stephen Nelson, MD; Orthopaedics
Robert O’Connor, MD; Orthopaedics
Eric Padegimas, MD; Orthopaedics
Susan Parker, MD; Pathology
Louis Pito, MD; Emergency Medicine

Mari Rebane-Mazzotta, MD; Plastic & Reconstructive Surgery
Norman Roth, MD; Cardiology
Sarah Shipley, DPM; Podiatry
Jeeten Singha, DPM; Podiatry
Sharon Sneed, MD; Emergency Medicine
Matthew Stebulis, MD; Anesthesiology
Thomas Takoudes, MD; Otolaryngology
Kevin Tally, MD; Cardiology
Sanda Tomak, MD; Orthopaedics
Alexandre Vdovenko, MD; Pathology
Glenn Vitale, DPM; Podiatry
Jeffrey Walden, MD; Cardiology
Amy Wasterlain, MD; Orthopaedics
Kenneth Weisman, MD; Urology
Bruce Whitman, DO; Emergency Medicine
David Williams, MD; Emergency Medicine
Ira Zubkoff, MD; Anesthesiology
Moshe Zutler, MD; Pulmonary
### New Physicians | FY19

<table>
<thead>
<tr>
<th>Name</th>
<th>Specialty</th>
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<tbody>
<tr>
<td>Uma Madhusudana</td>
<td>MD; Hospitalist</td>
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<tr>
<td>Brian Martineau</td>
<td>MD; Emergency Medicine</td>
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<tr>
<td>Gabriel Martz</td>
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<tr>
<td>Christopher Mozdanowski</td>
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<tr>
<td>Davit Mrelashvili</td>
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<td>Ann Palmer</td>
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<tr>
<td>Meenakshi Pandit</td>
<td>MD; TeleRadiology</td>
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<tr>
<td>Krishna Patel</td>
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<td>Alexander Potashinsky</td>
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<td>Eric Reiner</td>
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<td>Maysoun Richi</td>
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<td>Lagan Robbins</td>
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<td>Mitchell Rubin</td>
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<td>Gregory Shangold</td>
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<td>Yan Zhang</td>
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