

Sewing Masks for Donations



So many people have reached out to Hartford HealthCare offering to sew masks as a way to supplement inventory of Personal Protective Equipment (PPE). This is a nationwide movement spearheaded by incredible volunteers. **We thank you!**

The Centers for Disease Control offer guidance, pointing out that **fabric masks are a crisis response option when other supplies** have been exhausted.

Below is our general guidance for those who wish to participate and help by sewing masks for donation. **We thank you and appreciate your generosity!**

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Important infection prevention

Before starting this project, please ask yourself the following questions:

- Have you been in contact with anyone suspected or confirmed to have COVID-19 in the past 14 days?
- Do you have fever, cough or shortness of breath?

If you are able to answer “NO” to both questions, then proceed with making masks.

If you answer “YES” to either or both questions, please do not make masks. If you are experiencing cough, fever, or shortness of breath and have a concern that you may have COVID-19 please call your primary care provider for a risk assessment.

Instructions for making masks:

Materials

- 100% unused cotton fabric (front) – no metallic fabrics
- 100% cotton or cotton flannel (back)
- 1/4” or 3/8” flat elastic

Instructions can be found [here](#).

Interested in dropping off masks?

e-mail: COVIDdonations@hhchealth.org

Masks can be dropped off in re-sealable plastic bag.

